



Community Education
Prior Lake-Savage Area Schools
www.priorlakesavagece.com
952-226-0310

Family Catalog Classes For All Ages December 2022 to May 2023



**Adult
Programs
Pages 4-24**

**Youth
Programs
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**Early
Learners
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www.PriorLakeSavageCE.com





DANCE WITH ME BALL

Ages 5-12 with an Adult

**SATURDAY, FEBRUARY 25
6:30-9PM
PRIOR LAKE HIGH SCHOOL**

Fee:

\$49/Adult & 1 Child

\$78/Adult & 2 Children

\$107/Adult & 3 Children

This dance is all about you, but it wouldn't be the same without your perfect date. Invite your favorite adult family member or friend as your escort.

- Enjoy family friendly music by Silver Sound Entertainment
- Dress up for twirling and dancing
- Dance and pose with princesses
- Included with the ticket price: each child will receive a favor, craft project, and light snacks will be available
- Capture the moment with professional photos of you and your date, available for purchase

Contact Us

Community Education

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**If you are not completely satisfied we will
issue a refund or transfer you to another
program of equal or lesser value.**

Our Office Will Be Closed

November 23, 24, 25

December 23, 26, 30, January 2, April 6, 7 & May 29.

During this time, please register online or
mail in your registration.

Visit www.priorlakesavagece.com - 952-226-0310

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District Locations for
Evening and Weekend Classes:

Hidden Oaks Middle School
15855 Fish Point Rd SE, Prior Lake

La ola del lago at Grainwood
5061 Minnesota St SE, Prior Lake

Prior Lake High School
7575 150th St W, Savage

Twin Oaks Middle School
15860 Fish Point Rd SE, Prior Lake



Cooking

NEW! Pantry Meals

Instructor: Kirsten Olson Madaus

Do you ever wonder how cooks pull a meal out of thin air when the fridge seems bare? Pantry meals are the answer! Join Kirsten live online from her home kitchen as she demonstrates a variety of meals using cupboard, freezer, and/or other long-storing ingredients. Recipes include Copycat Olive Garden Shrimp Scampi in the Instant Pot, Curried Chickpea Salad Sandwiches, Thai Pumpkin Soup, and more. Registration includes extensive recipe handout and link to class recording so you can re-watch at your convenience.

Tue, November 29

6:30-8 pm

#3268D 1 session \$29

Live Virtual Course

Did you know?

Most adult Community Education classes are appropriate for ages 15+ unless otherwise noted.

Holiday Cookies:

Mix, Bake & Take

(Ages 15+ or 10+ w/Adult)

Instructor: Heather Novak

The holidays are best with family and friends. Sweet treats, bars and cookies are at every gathering. Be prepared for your next holiday “get-together” with this class and bring a friend for more baking fun. We will mix, bake and decorate 10 different holiday treats completely from scratch using the freshest ingredients such as creamy butter, rich chocolates and nuts. No holiday is complete without the sprinkles, the spices and the peppermint. Treats to be made may include Mrs. Claus’s Sugars, Pepperkaker, Lemon crinkles, Russian Tea Cakes, Fudge, Chocolate Crinkles, and a few other surprises. They are all freezable so you can eat them later in the season if desired. **Please bring containers, wax paper and parchment to bring 10 dozen treats home. Pack a lunch to eat.** Supply fee (\$34) included in tuition.

*Students ages 10-14 may take class with a paying adult if working together on one batch.

Sat, December 3

8 am to 12:30 pm

#3503 1 session \$99/person

Twin Oaks Middle School Room 308

Four Famous Cookies

Instructor: Laurel Severson

Learn to create the rolled Norwegian cookie, Krumkakes made with cream, butter and cinnamon or sometimes flavored with vanilla. For generations, Minnesotans have purchased their irons to bake krumkakes from local manufacturer Nordic Ware in St. Louis Park. Italian Pizzelles are also baked on top of the stove using an iron but are a flat, anise-flavored cookie or they may also be vanilla flavored. The chewy, almond Swedish Sandbakkelse are delicate golden brown in color and are baked in tiny tins to resemble tarts. Finally, we will master deep fried Rosettes - fragile, paper thin Scandinavian delicacies dusted with confectioners’ sugar. Expect great recipes plus the many tips and techniques that will make your baking a success! **Please bring containers to bring your creations safely home.** Supply fee (\$13) included in tuition.

Mon, December 5

6-9 pm

#3524 1 session \$59

Twin Oaks Middle School Room 308

Chateaubriand

Instructor: Jeff Sandino

We'll start with delightful autumn salad tossed with crispy granny apples, candied walnuts, feta cheese and dried cranberries in a raspberry vinaigrette. Featuring "Chateaubriand" beef tenderloin seared, roasted and served with amazing sauces including bordelaise, béarnaise and pepper sauce. Accompaniments will include creamy potatoes au gratin, tomatoes provencal and fresh steamed asparagus tossed with olive oil and fresh squeezed lemon. We'll finish with crème caramel, an exquisite homemade custard served in a pool of caramel. Class is primarily demonstration.

Thu, December 15

5:30-8:30 pm

#3225 1 session \$59

Twin Oaks Middle School Room 308



Asian Favorites

Instructor: Jeff Sandino

You'll begin by preparing delicious egg rolls stuffed with pork, shrimp and vegetables served with both hot mustard and sweet and sour sauce for dipping. You'll then prepare fried rice using chicken, shrimp, fresh vegetables and the secret sauce. Classic pork chow mein follows served with crispy egg noodles and egg foo young made with both, chicken and shrimp.

Tue, January 10

5:30-8:30 pm

#3519A 1 session \$59

Twin Oaks Middle School Room 308

NEW! Indian Cooking

Instructor: Shanthi Mariappan

Finger Millet (Ragi) is king of millets and packed with iron and calcium. It is very beneficial for the growth of kids and will keep you looking young! Ragi is also a powerhouse of protein, minerals, amino acids and is gluten-free. Its high fiber content helps manage cholesterol, assists in weight loss and more. You will enjoy preparing Finger Millet Eggless Cake, Pumpkin Chia Seed payasam/pudding and Poori+Potato gravy. Recipes will be provided in this hands on class. Bring apron and containers to take home treats. Supply fee (\$28) included in tuition. *Students ages 10-14 may take class with paying adult if working together.

Thu, January 19

6:00-8:30 pm

#3287A 1 session \$69

Thu, February 16

6:00-8:30 pm

#3287B 1 session \$69

Twin Oaks Middle School Room 308

NEW! Classic Soups and a Famous Stew

Instructor: Laurel Severson

Create some of the best hearty soups - New England Clam Chowder, Wild Rice, Pumpkin, Split Pea with Ham and Corn Bisque with Rosemary. Then top it off with the famous French Beef Stew in Red Wine (Boeuf Bourguignon). What could be better for an easy meal during cold weather - soup, salad and some great bread! Supplies (\$15) included in tuition.

Mon, January 23 6-9 pm

#3516 1 session \$59

Twin Oaks Middle School Room 308

NEW! Breakfast Meal Prep

Instructor: Kirsten Olson Madaus

Need new make-ahead breakfast recipes to start your day in a healthy way? Join Kirsten live online from her kitchen where she'll demonstrate Air Fryer Poached Eggs, Instant Pot Steel-cut Oats, Chimichanga Breakfast Burritos, Overnight Breakfast Grain Bowls, Egg Bites 3 Ways, and more! Additional make ahead breakfast recipes included in the handout, and participants receive the link to class recording to re-watch at your convenience.

Thu, January 26

6:30-8 pm

#3268A 1 session \$29

Live Virtual Course

Instant Pot Basics - Series

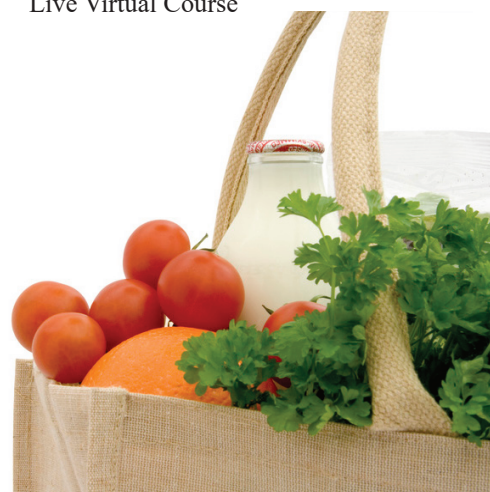
Instructor: Kirsten Olson Madaus

It's time to finally use that Instant Pot! In this live 4-part online Zoom class you'll learn how to make breakfasts thru dinners and appetizers thru desserts! Each week Kirsten will demonstrate a different aspect of pressure cooking: from how a pressure cooker works to how to cook with frozen meats to all-in-one meals to pot-in-pot cooking. Handouts accompanying each session offer additional recipes beyond what is demonstrated during class and each week there's plenty of time for Q&A and sharing how we've used our Pots since the previous class.

Thu, February 2 to 23 6:30-8 pm

#3268B 4 sessions \$89

Live Virtual Course



Cooking



NEW! Comfort Foods: **Mac N Cheese**

Instructor: Heather Novak

The warm, rich, creamy and cheesy sauce covering macaroni is what tonight is all about. It brings back memories of lunches on a winter Saturday in Minnesota. Come and make a large pan of this childhood favorite for lunch or dinner tomorrow. **Bring a 9x13 pan to class.** Supply fee (\$10) included in tuition.

Fri, February 3 6:30-8 pm
#3279A 1 session \$39
Twin Oaks Middle School Room 308

NEW! Chicken en Croute

Instructor: Jeff Sandino

Begin with a classic Caesar salad using fresh baked croutons, Romano cheese and sweet cherry tomatoes. You'll assemble the entire wrapping tender breast of chicken in flaky puff pastry with shallots and Portobello mushrooms. Together we'll prepare an amazing sauce using sweet port wine. Sides will include asparagus with olive oil and fresh squeezed lemon along with a delicious Jasmine rice blend using toasted almonds and dried cranberries. We will finish with chocolate decadence, a rich flourless chocolate torte served with an exquisite raspberry sauce and fresh whipped cream.

Tue, February 7
5:30-8:30 pm
#3259B 1 session \$59
Twin Oaks Middle School Room 308

NEW! Cookie Monsters **(Ages 15+ or Ages 6+ w/ Adult)**

Instructor: Laurel Severson

Kids and cookies...what a terrific combination! And nothing is better than making and baking an assortment of yummy chocolate chip cookie variations. You will make 4 fantastic cookie recipes - Almost Mrs. Fields' Chocolate Chip, Banana Chocolate Chip, Chocolate with White Chips and Toffee Chocolate Chip. Then you will also make and bake Chocolate Mint Cookies, Peanut Butter Cookies, Sugar Drops and Rolled Sugar Thins (w/painted designs).

Tips sheet on how to ensure making great cookies every time will be supplied. Bring containers to transport your cookies home to enjoy or freeze. Supply fee (\$16) included in tuition.

Sat, February 25
9 am to 12 pm
#2828 1 session \$59
Twin Oaks Middle School Room 308

NEW! Chicken Pot Pie

Instructor: Heather Novak

Nothing is as decadent or savory as pie. For instructor Heather Novak, it is chicken pot pie, one of her favorite comfort foods. The crust that flakes, breaking open to reveal the bright orange carrots, brilliant green peas and beans, the tender potatoes and sweet corn all in a creamy gravy with chicken bites. In this hands-on class, you will be making 2 pies. One to freeze and one to eat for supper the next day. Come and learn how to make pie crusts and gravy, assemble it and be ready to bake it later. **Bring 2 large pie pans with you to class.** Supply fee (\$11) included in tuition.

Tue, February 28 6:30-8 pm
#3279B 1 session \$39
Twin Oaks Middle School Room 308

Marvelous Macarons **(Ages 16+)**

Instructor: Nancy Burgeson

They are beautiful and so fun to make! Your instructor will show you some simple tricks to make the process easy. You will make three different kinds: lovely blueberry, lemon, and pink champagne. You will bake and assemble one recipe from start to finish, as well as decorate and assemble the other two recipes. You will be the talk of the party when you serve these little delicacies! Supply fee (\$13) included in tuition.

Thu, March 2
6-9 pm
#3529A 1 session \$59
Twin Oaks Middle School Room 308

NEW! Instant Pot **Noodle Soups**

Instructor: Kirsten Olson Madaus

Discover how easy it is to make soups in the Instant Pot and have a pot of hot soup ready to eat at the end of class! In this online class Kirsten will walk you thru making Italian Sausage Tortellini Soup while you follow along in your kitchen. She will also demonstrate Chicken Wonton Soup and a vegan Minestrone soup while our meals are cooking. Participants will receive an extensive recipe handout and ingredient list prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards.

Thu, March 2
6:30-8 pm
#3268C 1 session \$29
Live Virtual Course



**Prior Lake-Savage
Community Ed is on
Facebook!**
@isd719comm

NEW! Traditional Southern Cooking

Instructor: Laurel Severson

Beginning in the 1690's, food in the U.S. deep south was heavily influenced by early settlers from France, Germany and Spain. People from Senegal, Africa, then Cuban refugees and Cajuns from Nova Scotia also contributed to the medley of flavors. Join us in creating a memorable meal to include: Crab Dip, traditional Cheese Straws, Gumbo, Jambalaya, Red Beans and Rice, Buttermilk Biscuits, Cheese Grits, Pecan Praline candy and traditional Bread Pudding with Bourbon Sauce. Supply fee (\$17) included in tuition.

Fri, March 3

6-9 pm

#3508 1 session \$65/person
\$119/pair

Twin Oaks Middle School Room 308

NEW! Artisan Breads: Mix it Tonight, Bake it Later!

Instructor: Heather Novak

The crisp outside, the chewy inside is what draws us to the ciabatta breads at the store. Perfectly paired with soups, cheeses or just garlic spread, this bread is amazing. Easy to make and keep for when you want the next fresh loaf of bread and so much more healthy without any preservatives. Come, taste these yummy breads, learn how to make it and mix up a batch to bake the next day after it has slowly risen. You will find out what the secrets are to the best breads. **Bring a large bowl to bring your dough home in.** Supply fee (\$8) included in tuition.

Tue, March 7

7-8 pm

#3279C 1 session \$39

Twin Oaks Middle School Room 308

Beginning Cake Decorating (Ages 16+)

Instructor: Nancy Burgeson

You can do it! It's fun and easy. Nancy will show you the tricks of the trade and have you decorate lovely cakes and desserts for family and friends in no time at all. Learn how to make borders, flowers, newer cake patterns, clowns, fancy designs and more. Supply fee (\$25) included in tuition.

Wed, April 11 to 25 6-9 pm

#3530B 3 sessions \$129

Twin Oaks Middle School Room 308

Traditional Italian Cuisine

Instructor: Jeff Sandino

Enjoy the marvelous flavors of traditional Italian cuisine starting with "Panzanella", a toasted bread salad with refreshing summer vegetables in a light vinaigrette. You'll prepare "chicken saltimbocca" using thin sliced prosciutto ham and fresh sage in a lemon, caper, artichoke butter sauce. You'll make potato gnocchi (Italian dumplings) then we'll toss them in a medley of sauces including, basil pesto, marinara and brown butter with sage and walnuts. We'll finish with "Cannoli", fried pastry filled with sweetened ricotta and mascarpone cheeses, served on a pool of chocolate sauce, garnished with pistachios.

Wed, March 8

5:30-8:30 pm

#3261 1 session \$59

Twin Oaks Middle School Room 308

Tantalizing Thai

Instructor: Jeff Sandino

You'll begin by preparing vietnamese summer rolls served with both hoisin and peanut sauce for dipping. Vietnamese spring rolls follow with pork, shrimp, and glass noodles stuffed in rice paper and fried to a golden brown, served with the classic nuoc cham dipping sauce. You'll then prepare Pad Thai blending the vibrant flavors of Thailand with rice noodles using shrimp, eggs, chilies, garlic, basil, scallions, bean sprouts, sesame oil, lemon and crushed red pepper flakes. For dessert, Thai lime custard topped with fresh whipped cream.

Wed, April 12

5:30-8:30 pm

#3577 1 session \$59

Twin Oaks Middle School Room 308

Air Fryer: Veggies from Asparagus to Zucchini

Instructor: Kirsten Olson Madaus

Using an Air Fryer to cook vegetables is quick—and the healthy results are delicious! In this class Kirsten will demonstrate a variety of recipes using in-season local and/or commonly available vegetables including Lemon Pepper Broccoli, Miso Sesame Kale Chips, and Roasted Sweet Potatoes. Participants will receive an extensive handout along with the link to join prior to class. There will be ample time for questions during the session, and participants will receive a link to the recording afterwards so you can follow along at your convenience.

Thu, April 13

6:30-8 pm

#3268D 1 session \$29

Live Virtual Course

The Art of Sushi

Instructor: Jeff Sandino

Come explore the world of sushi as you create this Japanese delicacy yourself. We'll begin by preparing the coveted sushi rice then you'll learn the art of "nigiri-sushi" (hand molded rice) topped with shrimp, unagi, and ahi tuna. You'll then learn how to prepare "maki-sushi" using a bamboo mat to roll rice with various fillings in and around Nori (seaweed sheets). Options and accompaniments will include surimi, cucumber, avocado, cream cheese, teriyaki chicken, tempura onions, spicy mayo, eel sauce, wasabi, pickled ginger and soy sauce.

Thu, May 11

5:30-8:30 pm

#3225 1 session \$59

Twin Oaks Middle School Room 308



Creative Corner

No Mistakes Watercolor

Instructor: Dar Brooks

Think you are not creative? Then this class is for you! Come loosen up and be spontaneous while learning simple ways of mastering the medium. This class is designed so beginners and experienced watercolor artists will enjoy success. Learn watercolor techniques that will take you to the next level. See exciting demonstrations including: creating a focal area, value systems and how to use line and color to create depth and impact in your paintings. Reference materials and brushes will be available for student use. **Please bring watercolor supplies, paper towels, a notebook and 140# cold press watercolor paper. Please bring a lunch.** *A starter kit can be pre-ordered by calling Dar at 612-940-2094.

Fri, Dec. 2 to 16

11 am to 2:30 pm

#3361Cf 3 sessions \$69*

La ola del lago CE Classroom 291

Fri, Jan. 6 to 20

11 am to 2:30 pm

#3361Aw 3 sessions \$69*

La ola del lago CE Classroom 291

Fri, Feb. 3 to 24

11 am to 2:30 pm

#3361Bw 4 sessions \$89*

La ola del lago CE Classroom 291

Fri, March 3 to 24

11 am to 2:30 pm

#3361Cs 4 sessions \$89*

La ola del lago CE Classroom 291

Fri, April 14 to May 5

11 am to 2:30 pm

#3361Ds 4 sessions \$89*

La ola del lago CE Classroom 291

Mystery Quilt Adventure Instructor: Karen Parsons

Welcome to Mystery Quilt Adventure. If you like quilting but hate to drag your machine to class, this is the class for you! This will be a mystery quilt - soooo you won't know what the final project will look like until the last stitch has been made. Clues will find their way to your email or US mail box. Your choice. Follow the weekly directions in the clues in the privacy of your own home. By the end, you will have a completed a quilt or quilt top. We will end this class with a show and tell to be held in Montgomery.

First clue sent the week of January 24

Show & Tell date: TBD

#3158 Fee: \$35

NEW! Adult Pottery

(Ages 18+)

Instructor: Holly Bozaich

Craft & Sip: Hand-build a clay project, or try out the potter's wheel! Feel free to bring a beverage and get creative. Lots of project options to choose from, or create your own work of art. Includes glazes, tools, and firing. Pick up your project approximately 3 weeks later.

Fri, January 20

6-8 pm

#3105A 1 session \$49

Fri, February 17

6-8 pm

#3105B 1 session \$49

Fri, March 24

6-8 pm

#3105C 1 session \$49

Fri, April 21

6-8 pm

#3105D 1 session \$49

Fri, May 19

6-8 pm

#3105E 1 session \$49

Location: Pottery by Holly,

4264 Colorado St Se, Prior Lake

NEW! Paint Like Wassily Kandinsky

Instructor: Vanessa Merry

In this class you will be creating a winter landscape painting in acrylics on an 8 x 10 inch canvas in the style of Wassily Kandinsky. You will learn a bit of history about him and his style of painting as you follow step-by-step instructions to create your own masterpiece.

Wed, February 8 6-8 pm

#3435A 1 session \$49

Twin Oaks Middle School 607 Art

NEW! Paint Like Renoir

Instructor: Vanessa Merry

In this class you will be creating an acrylic painting on an 8 x 10 inch canvas in the style of Impressionist painter Renoir. You will learn a bit of history about him and his style of painting as you follow step-by-step instructions to create your own masterpiece.

Thu, March 2 6-8 pm

#3435B 1 session \$49

Twin Oaks Middle School 607 Art

NEW! Paint Like Georgia O'Keefe

Instructor: Vanessa Merry

In this class you will be creating an acrylic painting on an 8 x 10 inch canvas in the style of Georgia O'Keefe. You will learn a bit of history about her and her style of painting as you follow step-by-step instructions to create your own masterpiece.

Wed, April 12 6-8 pm

#3435C 1 session \$49

Twin Oaks Middle School 607 Art



NEW! Holiday Ornament Acrylic Pour

Instructor: Vanessa Merry

Pour painting is an innovative way to use acrylic paints to create a work of art. In this class you will learn the process of mixing acrylic paints with other mediums to give it a more fluid consistency so that it can be poured directly over a globe ornament. Each painter will get two ornaments to work with. These make beautiful holiday gifts.

Fri, December 9 6-8 pm

#3435E 1 session \$49

Twin Oaks Middle School 607 Art

NEW! Hearts a Bloom Partner Painting (Ages 5+ w/Adult)

Instructor: Vanessa Merry

This class is a fun "Date Night" for you and your child to paint together. No experience is needed, this class is about spending quality time with your child and having fun. Each person is provided a 16 x 20 canvas, acrylic paints, and all the supplies needed to create their own masterpiece that can stand alone or be hung side-by-side for a combined work of art. The instructor will lead you step-by-step through the painting.

Sat, February 4 10 am to 12 pm

#3435E 1 session \$65/Adult & 1 child

\$79/Adult & 2 children

Twin Oaks Middle School 607 Art



NEW! Cherry Blossom Acrylic Pour

Instructor: Vanessa Merry

Pour painting is an innovative way to use acrylic paint to create an art piece. In this class you will learn the process of mixing acrylic paints with other materials to give it a more fluid consistency so that it can be poured directly onto a canvas. In this class we will learn how to manipulate the paint to create a beautiful Cherry Blossom Tree. An 8 x 10 canvas and all the supplies for the pour are included. Please bring a box or tray to bring your canvas home in.

Fri, April 21 6-8 pm

#3435D 1 session \$49

Twin Oaks Middle School 607 Art

Creative Corner

Highway DIY Charcuterie Boards and More (Ages 16+)

Instructor: Kurt Dugas

Everyone of any skill level can become a craftsman and create beautiful, functional, and artistic projects for your home! You will learn how to transform a slab of wood into a work of art while making memories with family or friends. Choose from four projects and six types of wood, all of which can be personalized with custom laser engraving for an additional fee.

Sat, January 14 2-5 pm
#3191A 1 session \$65
24471 Helena Blvd, New Prague MN

Sat, March 11 10 am to 1 pm
#3191B 1 session \$65
24471 Helena Blvd, New Prague MN

NEW! Highway DIY Dog Leash Holder (Ages 16+)

Instructor: Kurt Dugas

Create a custom dog leash holder. Personalize it by engraving your dog's name, and adding a 3D wood dog silhouette. Great place to keep all your dog essentials in one spot. Keep for yourself, or they make a great gift for any dog lover. The class includes 6 accessories of your choice. Choose from your dog's name, dog silhouette, dog paws, and hooks. Additional accessories available to purchase at the class. A skilled instructor will guide you through designing, building and assembling your project. Board size is 7" x 18".

Sat, February 11 2-5 pm
#3191C 1 session \$65
24471 Helena Blvd, New Prague MN

Sat, March 25 10 am to 1 pm
#3191D 1 session \$65
24471 Helena Blvd, New Prague MN

NEW! Mandala Rock Art (Ages 15+ or 8+ w/Adult)

Instructor: Erin Stahl

Keep calm and relax by learning the art of mandala rocks. In this workshop, you will learn the history and meaning behind mandala art, and apply that knowledge to your own mandala rock art. You're sure to enjoy this serene workshop, and want to share your newly-discovered art form with friends and family.

Mon, January 23 6-7:30 pm
#3437A 1 session \$29/person
\$49/Adult + 1 child
\$59/Adult + 2 children

Twin Oaks Middle School 607 Art

NEW! Birch Tree Resist Painting

Instructor: Erin Stahl

Learn how to paint the perfect woodland scene featuring birch trees and accompanying leaves using a few simple techniques and materials. You will be guided step-by-step through the painting process and be introduced to new art terms and techniques related to this project. Friends and family will be impressed by everything you learn, and create in this one-time nature-themed workshop!

Wed, March 8 6-7:30 pm
#3437B 1 session \$39/person
Twin Oaks Middle School 607 Art

NEW! Unique Glass Mosaic: Garden Gazing Ball

Instructor: Lindsey Guetter

Using a bowling ball and glass/mirror, create a gazing ball to add some sparkle to your garden. Stencils and idea book will be available during the two night class. The first night will be designing and working on your project. **Bring your own bowling ball or purchase one from instructor (\$20).** The second night is grouting and learning about mosaics. Supply fee (\$30) included in tuition.

Tue, April 11 & 18 6-9 pm
#3330 2 sessions \$99
Twin Oaks Middle School Room 607 Art

NEW! Furoshiki - The Art of Japanese Fabric Wrapping

Instructor: Kazumi Kataoka

Furoshiki has been used in Japan for centuries to wrap, transport, gift, protect, decorate and organize things. In recent years, it has been gaining popularity as an eco-friendly alternative to shopping bags and wrapping paper. In this class, we will explore furoshiki's versatility, its countless advantages, and the reason why we should use it more. You will receive one furoshiki and learn techniques to wrap items with many different shapes.

Wed, January 25 6:30-7:30 pm
#3194 1 session \$35
La ola del lago CE Classroom 291

Bob Ross Method of Oil Painting (Ages 13+)

Instructor: Michael Tischendorf

Do you remember Bob Ross from his *Joy of Painting* series on PBS? Follow the step-by-step instruction to create your very own 20 x 16 masterpiece in the Bob Ross method of oil painting. Enjoy the relaxed approach in creating landscapes that will include mountains, lakes, hills, rivers, trees and sunsets. Even if you have never painted before, you will walk away with your very own unique piece of art that will amaze your family and friends. All supplies included in tuition. Different/Unique painting each session.

Mon, March 20 - Fire Lake
6-9 pm
#3436A 1 session \$79
La ola del lago CE Classroom 291

Wed, April 19 - Palm Tree Beach
6-9 pm
#3436B 1 session \$79
Twin Oaks Middle School Room 607 Art

Driver Discount Program (Ages 55+)

Prior Lake-Savage Community Education partners with the Minnesota Highway Safety and Research Center to offer accident prevention courses for drivers 55+.

Insurance Discounts

Minnesota State Law requires all insurance companies to provide an approximate 10% auto premium reduction for persons 55 and over that successfully complete a Driver Improvement course. To qualify for the discount, you must take an 8-hour course. To maintain the discount, MN allows the 4-hour Refresher course once every 3 years. *There is NO written or behind-the-wheel tests given in either 8-hour or 4-hour refresher course.*

Registration

Payment is required when you register.

- ONLINE www.priorlakesavagece.com
- CALL 952-226-0310
- MAIL the completed registration form from the back of this catalog
- IN-PERSON 5061 Minnesota St, Prior Lake
- FAX the completed registration form from the back of this catalog to 952-226-0379.

There are no refunds if you are unable to attend the class.



8-Hour Driver Discount Program

Instructor: MN HWY Safety Center

This course provides information to help adults 55+ drive violation and crash free as we age. This is a classroom course, there is no driving or other testing involved. If you have not taken an 8-hour course this is the class for you. Contact your insurance agent if you are unsure of the course you need.

Mon & Tue, January 23 & 24
5-9 pm

#6014A 2 sessions \$28

Mon & Tue, March 13 & 14
5-9 pm

#6014B 2 sessions \$28

La ola del lago CE Classroom 291

4-Hour Driver Discount Program

Instructor: MN HWY Safety Center

This accident prevention course is taught by MN Hwy Safety Center trained instructors. The class will explore changes in laws, the latest vehicle technology, and provide you with easy-to-use defensive driving tips. In addition, we will explore traffic safety and accident prevention.

Thu, Jan. 26 5-9 pm
#6067A 1 session \$24

Mon, Feb. 6 9:30 am to 1:30 pm
#6067B 1 session \$24

Tue, March 7 9:30 am to 1:30 pm
#6067C 1 session \$24

Mon, April 10 9:30 am to 1:30 pm
#6067D 1 session \$24

Mon, May 8 5-9 pm
#6067D 1 session \$24
La ola del lago CE Classroom 291



LOCATION

La ola del lago at Grainwood, 5061 Minnesota St,
Prior Lake. Parking on the west side lot.
Enter through Door 14N.



UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

Computers and Technology

Excel for the Absolute Beginner

Instructor: Mike Wilson

Instructor will demonstrate how to navigate and interface with Excel's basic features. See how to create a simple contact list. You will view how to use calculations such as auto-sum and see how to generate simple formulas. Also, learn to use the fill handle, sort existing data, merge and center, move cells and ranges, and wrap text. Enter your instructor-led classroom with 3 simple clicks from your e-mail!

Sat, January 7 1-2 pm
#4021A 1 session \$20
Live Virtual Course

Tue, February 7 5-6 pm
#4021B 1 session \$20
Live Virtual Course

Sun, March 26 6-7 pm
#4021C 1 session \$20
Live Virtual Course

Sun, April 16 1-2 pm
#4021D 1 session \$20
Live Virtual Course

Mon, May 15 11 am to 12 pm
#4021E 1 session \$20
Live Virtual Course

Getting More Out of Microsoft Word

Instructor: Mike Wilson

Let's make your tasks in Microsoft Word a lot easier! You will save time and frustration and see how to properly use tabs. We will go on to explore dictation, easy paragraph functions, the sort feature, and using macros to eliminate laborious repetition. See the beauty of working with soft and hard returns and how to easily create and use tables. Get tips and tricks, as well as use shortcuts to save time. Let's look at creating headers/footers and using the Format Painter to easily format existing text. (Not for Apple/Mac users.) Enter your instructor-led classroom with 3 simple clicks from your e-mail!

Tue, January 31 5-6 pm
#4020A 1 session \$20
Live Virtual Course

Sat, March 18 11 am to 12 pm
#4020B 1 session \$20
Live Virtual Course

Tue, April 11 11 am to 12 pm
#4020C 1 session \$20
Live Virtual Course

How to Create Your Own YouTube Channel

Instructor: Nickie Welsh

In this fun beginner class, you'll learn the basics to create and begin your very own YouTube channel. Join the world's largest media platform to share your hobbies, advice, instructions, gifts and more with the world and your audience. **Class is live virtual but class recordings will be sent to all registered participants.**

Tue, February 7 12-1 pm
#3085A 1 session \$25

Tue, June 6 12-1 pm
#3085B 1 session \$25
Live Virtual Course



isd719CommEd

COURSES START EVERY MONTH JANUARY TO DECEMBER

Online learning is fun, enjoyable and a very productive way to learn. Millions of people are learning online each year. After you register, you will be given a web address with easy-to-follow instructions to follow to get into your virtual classroom. You may participate any time of day or evening with online reading, listen and see presentations and self-quizzes. You will get to know and engage with the instructor and other participants. It's easy and fun.

UGotClass offers online courses in Business, Data Science, Leadership, Management, Marketing, Social Media, Technology, Training for K-12 Education and more. Take classes when you are available in the comfort of your home.



Register today at
<http://bit.ly/3qqjpLG>



This extraordinary series is designed to help people contemplating starting their own business. The seminars encompass how to get started, marketing strategies and ideas, financial management and developing a business plan. Facilitators are experienced business professionals, both active and retired, who can provide one-to-one assistance. These seminars are presented in collaboration with SCORE South Metro, and counselors to America's small business, a resource partner of the U.S. Small Business Administration (SBA).

Startup Basics

Instructor: Ron Kipp, South Metro SCORE

Test a business idea and identify the key factors that influence startup success. Gain an overview of the skills and tools needed when deciding to start a business, advantages and disadvantages of owning a business, the most profitable form for specific businesses and the fundamentals of formation, organization, marketing, cash flow and funding sources.

Wed, April 12
6:30-8:30 pm
#4200A 1 session \$30
All 4 sessions \$99
La ola del lago CE Classroom 291

Business Concepts

Instructor: Young Lan Bebus, South Metro SCORE

Review your understanding of business concepts and gain step-by-step guidance in researching your idea, market and competition. Identify your target markets, describe your products and services and collect key competitive information to support a feasible plan.

Wed, April 19
6:30-8:30 pm
#4200B 1 session \$30
All 4 sessions \$99
Twin Oaks Middle School Room 207

Marketing Plan

Instructor: Randy Locke, South Metro SCORE

Learn marketing, communication methods and tools to maximize customer reach. Understand pricing strategies, positioning, differences between features and benefits and choose the correct sales channel and exercise your strategies.

Wed, April 26
6:30-8:30 pm
#4200C 1 session \$30
All 4 sessions \$99
Twin Oaks Middle School Room 207

Financial Projections and Funding Sources **Instructor: Jim Hanzlik, South Metro SCORE**

Review sales and prices, financial risks and rewards, true startup costs, ongoing operating expenses, setting benchmarks for tracking progress and organization of all your financial information. Discuss how to finance your business, accounting, banking relations and monthly preparation and review of financial statements.

Wed, May 3 6:30-8:30 pm
#4200D 1 session \$30; All 4 sessions \$99 Twin Oaks Middle School Room 207

Home and Finance

NEW! Transferring Property Across Generations

Instructor: Bennett Kerfeld

You worked hard for your family farm, cabin, or small business. Gain an understanding of how to identify and overcome transition obstacles, protect assets and develop a strategy to smoothly transition while maintaining family harmony.

Tue, December 6 7-8:30 pm
#4253B 1 session \$19/person
\$29/pair
La ola del lago CE Classroom 291



Taxes in Retirement

Instructor: Rolf White

Understand how different sources of retirement income are taxed so you can get more bang for your buck in retirement.

Thu, January 5 6:30-8 pm
#4249A 1 session \$19/person
\$29/pair

Tue, May 2 6:30-8 pm
#4249B 1 session \$19/person
\$29/pair
La ola del lago CE Classroom 291

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Savvy Social Security for Women

Instructor: Rolf White

Social Security is one of the few income sources that keeps up with inflation and lasts for life. But most women fail to maximize their benefits because they don't understand the little-known rules that can help them get more out of the system. Learn how to take advantage of spousal benefits, survivor benefits, divorced-spouse benefits, and even divorced-spouse survivor benefits and why women who are married should make the decision about when their husbands should apply for social security.

Wed, January 18 6:30-8:15 pm
#4249C 1 session \$19/person
\$29/pair
Twin Oaks Middle School Room 207

Mon, April 24 6:30-8:15 pm
#4249F 1 session \$19/person
\$29/pair
La ola del lago CE Classroom 291

Medicare Made Simple

Instructor: Desiree Ascherman

Are you new to Medicare? Do you currently have Medicare but don't fully understand what it is or the options for additional coverage? Navigating the world of Medicare can not only feel overwhelming but it also can be confusing. This class will help explain the basics of what Medicare is, what the options are for additional coverage as well as when the different enrollment periods are. No need to bring anything, except for your questions, and perhaps a pen and paper. It's a great time to learn about all the different Medicare options available to you!

Fri, February 10 10-11 am
#4174A 1 session FREE

Fri, April 14 10-11 am
#4174B 1 session FREE
La ola del lago CE Classroom 293A

Savvy Social Security for Couples

Instructor: Rolf White

The social security decisions spouses make when they are in their 60's will determine the amount of total income they receive over their lifetime-including the lifetime of the spouse who lives the longest. This workshop will cover some little known rules that can help married couples get more out of the Social Security system.

Mon, February 13 6:30-8 pm
#4249C 1 session \$19/person
\$29/pair

Mon, March 6 6:30-8 pm
#4249D 1 session \$19/person
\$29/pair
La ola del lago CE Classroom 291

How to Cut the Cable Cord

Instructor: Ron Timm

Cable (or satellite) television is the single most expensive utility for many households. This class will show you many viewing options that are free or much lower cost than cable. We'll discuss the pros and cons of cable, how to get internet without cable, how to get TV from your computer to your television, and much, much more. Find out why and how millions of TV watchers are ditching cable forever!

Thu, April 13 7-8:30 pm
#4248 1 session \$35/person
\$60/pair
La ola del lago CE Classroom 291

How to Win with Investment Properties

Instructor: John Mazzara

Ever considered becoming a landlord or investing in real estate but needed more information? Learn about opportunities in today's Twin Cities marketplace, how to analyze a property, tax considerations and information to put in a lease. You will also learn all aspects of becoming a landlord including buying, selling and renting.

Tue, April 11 7-9 pm
#4168 1 session \$19/person
\$29/pair

Twin Oaks Middle School Room 207



Home and Garden

Seed Starting

Instructor: John Zweber

Learn how to start your own vegetables for the garden from seeds. Learn about equipment needed, seed selection, planting, watering and transplanting. At the end of class, you will select seeds and plant in pots. Choose from a wide selection of greens to various peppers, tomatoes and brassicas. Supply fee (\$10) included in tuition.

Thu, March 2

6:30-8 pm

#3175A 1 session \$39

La ola del lago CE Classroom 291

Square Foot Gardening

Instructor: John Zweber

Learn the basics of Square Foot Gardening, the practice of planning small, but intensely planted gardens. Understand how to select a proper site, construct a square foot garden, select the correct amount of plants and learn their proper care. Discuss harvesting and methods to extend the growing season. Benefits include less work, water savings, less weeding, pesticide/herbicide free, small space utilization and accessibility.

Mon, March 20

6:30-8 pm

#3175B 1 session \$29

La ola del lago CE Classroom 291

NEW! I Want a Vegetable Garden! Now What?

Instructor: John Zweber

This informational class will teach you everything you need to know about starting your own successful garden. Learn how to identify different vegetables and how to prepare, plant, and maintain your garden.

Thu, April 13

6:30-8 pm

#3175C 1 session \$29

La ola del lago Room 260 Art

NEW! Kitchen Herb Garden

Instructor: Heather Novak

Take the mystery and fear out of growing and cooking with herbs—basil, dill, cilantro, lavender, rosemary, thyme, sage, tarragon, —to name a few. Taste and smell the flavors of these herbs, and discover the role these flavors have when added to everyday or special dishes and cuisines. In this make-and-take class, we will discuss herbs, what to do with them and plant a full pot for your patio or to set by your back door to use for cooking all summer long! Come with questions or ideas to share! Since we are working with soil, please dress appropriately or bring an apron and gloves. Supply fee (\$14) included in tuition.

Tue, May 16

6:30-7:45 pm

#3279D 1 session \$45

Twin Oaks Middle School Room 607 Art

Did you know?

Most adult Community Education classes are appropriate for ages 15+ unless otherwise noted.

Visit www.priorlakesavagece.com - 952-226-0310



Fitness, Health & Wellness

Aqua Exercise

Instructor: Alice Sachs

Join us for an hour plus of VIGOROUS aquatic exercise! Water aerobics is beneficial for many reasons. First, it's low-impact. Second, it's an activity that focuses on range of motion and strength building. Third, it's cardiovascular exercise that can assist with weight control. No swimming skills necessary. Sign up today and experience the results for yourself! Not required, but if you have 1 or 2 pound hand weights, bring them along. Using light weights increases your workout considerably! *Co-sponsored with ISD 191 Community Education.*

Tue & Thu, January 5 to 26
6:30-7:45 pm
#5401A 7 sessions \$56

Tue & Thu, February 7 to 23
6:30-7:45 pm
#5401B 6 sessions \$48

Tue & Thu, March 7 to 23
6:30-7:45 pm
#5401C 6 sessions \$48

Tue & Thu, April 11 to 27
6:30-7:45 pm
#5401D 6 sessions \$48

Nicollet Junior High,
400 E 134th St, Burnsville, MN

Wednesday Night Pickleball (Ages 18+)

No Instructor: Open Play

Pickleball is a combination of badminton, ping pong and tennis. Pickleball is FUN and a great workout. Pickleball is easy to learn. A beginner can enjoy a game without formal instruction. People of all ages and athletic abilities enjoy playing pickleball. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed through May 24
No Pickleball: April 5
6:30-8:30 pm
Drop in rate \$5 (Pay at the door)
Twin Oaks Middle School Blue Gym

Men's Wednesday Night Basketball (Ages 18+)

Adult men are welcome to come and play recreational basketball on pickup teams. It's a great workout and builds cardiovascular efficiency. This program is on-going throughout the year, September 2022 to May 2023 (Subject to cancellation). A list of "no dates" can be requested at Wednesday Night Basketball. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities.

Wed, through May 24
No Basketball: April 5
Drop in rate \$5 (Pay at the door)
Twin Oaks Middle School Jerebek A/B

Intro to Yoga

Instructor: Christina Henkel, PT, RYT

Have you ever wanted to take a yoga class, but didn't feel comfortable? Or, do you have pain or an injury and you don't know if yoga will hurt or help? Try introductory session! The instructor is both a licensed Physical Therapist and a Registered Yoga Teacher. You will learn yoga poses and principles that can help with stress, flexibility, strength and posture. Modifications and advancements will be shown which makes this class open to all. It is recommended that participants can get up and down from the floor unassisted. **Please bring a yoga mat and a water bottle.**

Mon, Jan. 9 to Feb. 27 6:30-7:30 pm
No class: Jan. 16 & Feb. 20
#6199A 6 sessions \$59
PhysiYo
8646 Eagle Creek Cir,
Suite 102/109, Savage MN

Chair Yoga

Instructors: Desiree Demcak, DPT, RYT & Christina Henkel, PT, RYT

Chair yoga is a gentle practice in which postures are performed while seated and/or with the aid of a chair. It is a great form of yoga for beginners or anyone who wants to focus on a gentle practice, has balance issues or issues getting up and down from the floor.

Tue, Jan. 10 to Feb. 14
4-4:45 pm
#6199D 6 sessions \$59
PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN

Fitness, Health and Wellness

Flow (Vinyasa) Yoga

Instructors: Desiree Demcak, DPT, RYT & Christina Henkel, PT, RYT

This class connects movement to breath in a sequence of yoga poses that flow together. Both mental and physical wellness will be addressed with decreased stress and increased flexibility and strength. This class can be tailored to your own pace, so all fitness levels will benefit. However, it is recommended that students in this class are able to get up and off the floor unassisted to participate. **Please bring a yoga mat and a water bottle.**

Tue, Jan. 10 to Feb. 14

5-6 pm

#6199B 6 sessions \$59

PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN

Dance Fitness

Instructor: Denise Honigschmidt

Whether it is rock, oldies or current music, dance your way to a fit, fun filled hour!

Tue, Jan. 17 to Feb. 21

6:15-7:10 pm

#6275A 6 sessions \$49

Tue, Feb. 28 to April 11 *No class: April 4*

6:15-7:10 pm

#6275B 6 sessions \$49

Prior Lake Fitness

15785 Franklin Tr, Suite 105, Prior Lake

NEW! Flow (Vinyasa) Yoga - Intermediate

Instructors: Sara Karimi, CYT & Christina Henkel, PT, RYT

Flow or Vinyasa is a type of yoga that links movement and breath to attain balance in the mind and body. Vinyasa aligns a deliberate sequence of poses with the breath to achieve a continuous flow. Flow sequences in this class will be intermediate level and have increased frequency than in our Flow class. **Please bring a yoga mat and a water bottle if you have them.**

Tue, Jan. 10 to Feb. 14 6:30 - 7:30 pm

#6199C 6 sessions \$59

PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN

NEW! Pilates

Instructor: Denise Honigschmidt

You will work through a series of sequences and progressions focusing on your powerhouse or core. From head to toe you will benefit from using bodyweight to lengthen and strengthen to get long lean muscles.

Wed, Jan. 18 to Feb. 22

9:15-10 am

#6275F 6 sessions \$49

Wed, March 1 to April 12

No class: April 5

9:15-10 am

#6275G 6 sessions \$49

Prior Lake Fitness

15785 Franklin Tr, Suite 105, Prior Lake

Zen Stretch Yoga

Instructor: Denise Honigschmidt

Instructor will guide you through stretches in a zen or relaxing atmosphere. Stretches will be coached to achieve flexibility in total body.

Thu, Jan. 19 to Feb. 23

9:15-10 am

#6275E 6 sessions \$49

Thu, March 2 to April 13

No class: April 6

9:15-10 am

#6275F 6 sessions \$49

Prior Lake Fitness

15785 Franklin Tr, Suite 105, Prior Lake

Body Sculpt

Instructor: Denise Honigschmidt

From head to toe you will work out with various types of equipment to strengthen and add flexibility. Cardio spurts will be added to up the calorie burn.

Mon, Jan. 23 to March 6

No class: Feb. 20

9:15-10:05 am

#6275C 6 sessions \$49

Mon, March 13 to April 24

No class: April 3

9:15-10:05 am

#6275D 6 sessions \$49

Prior Lake Fitness

15785 Franklin Tr, Suite 105, Prior Lake

NEW! Fitness for Beginners & the Aging Adult

Instructors: John Bertucci, DPT & Christina Henkel, PT, RYT

What are the different fitness strategies that most benefit beginners, those of us with painful conditions and the aging adult? This six-week course will start with an overview of the "why" we need different components to our fitness programs followed by five fun and engaging classes that will address each. The workout sessions will include a variety of fitness class styles to include strength, balance, flexibility, coordination and functional movement training.

Thu, March 16 to April 20 4:30-5:30 pm

#6199F 6 sessions \$59

PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN



Visit www.priorlakesavagece.com - 952-226-0310

Fitness, Health and Wellness

Shinrin Yoku - Forest Bathing (Ages 15+)

Instructor: David Motzenbecker

Join us on an immersive, meditative, and awe-inspiring Japanese forest bathing experience (Shinrin Yoku). Feel nature's fractals, sounds, and sensations reduce your stress and anxiety, and enhance your focus. Give yourself permission to slow down and connect your senses to the healing beauty of our metro area's green forested spaces.

Sun, January 8 9-11 am

#6286A 1 session \$45

Murphy Hanrehan Park,
15501 Murphy Lake Blvd

Sun, February 12 9-11 am

#6286B 1 session \$45

Cleary Lake Park, 18106 Texas Ave

Sun, March 12 9-11 am

#6286C 1 session \$45

Murphy Hanrehan Park,
15501 Murphy Lake Blvd

Sun, April 16 9-11 am

#6286D 1 session \$45

Cleary Lake Park, 18106 Texas Ave

Sat, May 27 9-11 am

#6286E 1 session \$45

Murphy Hanrehan Park,
15501 Murphy Lake Blvd

NEW! Improve Your Balance & Stability

Instructors: John Bertucci, DPT & Christina Henkel, PT, RYT

Have you been losing your balance or even falling down? Find out why this could be happening and strategies to help you improve your balance and prevent falls in this one night class! This class is taught by a licensed physical therapist.

Thu, March 2 4:30-6 pm

#6199G 1 session \$19/person
\$29/pair

PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN

NEW! Infant Massage (Adult & Baby NB-6 mos)

Instructors: Eileen T. Newsome

Learning how to massage your baby deepens the joy of communicating with your baby through what we call "listening touch". Massaging your healthy baby has a calming effect which leads to deeper sleep, feedings are digested better helping baby gain weight, circulation and the immune system is improved, and best of all massage increases that special bond you have with your baby. You will learn "nurturing touch" to safely massage your baby, how to identify baby cues, when not to massage, helpful comfort techniques such as containment and baby communication, and how to respond to calm baby. Using provided materials with instructor guidance, parents will identify and demonstrate each massage technique and how to use them through infancy and beyond. Please bring your baby's supplies and a blanket for you and your baby to sit on.

Tue, April 11

10 am to 12 pm

#6025A 1 session \$45

Edgewood School Room 218

NEW! How to Manage Arthritis

Instructors: John Bertucci, DPT & Christina Henkel, PT, RYT

Do you have pain in your joints or have you been diagnosed with arthritis? This class will help you to understand what arthritis is and what you can do about it. The pros and cons of different lifestyle choices and treatment options will be discussed in this one night workshop taught by a licensed Physical Therapist.

Thu, March 9

4:30-6 pm

#6199H 1 session \$19/person
\$29/pair

PhysiYo, 8646 Eagle Creek Cir,
Suite 102/109, Savage MN

Mon, April 17, 2023 5-8 pm
Prior Lake High School

Wellness Expo

Community Education
Prior Lake-Savage Area Schools

PRIOR LAKE
CHAMBER OF COMMERCE

Contact sandi@priorlakechamber.com for more information

Free to Attend

Fitness, Health & Wellness

NEW! Face Yoga

Instructor: Janice Novak

There are 19 flat muscles in your face, all of which can be strengthened and toned, just like arm or leg muscles. Facial exercises can take years off your appearance by reducing frown and forehead lines, reducing “puppet mouth” lines, lifting and firming neckline, making upper and lower cheeks fuller, reduce puffiness and sagging around eyes, improve circulation and nutrient flow into cells and improve lymph circulation. Learn simple exercises that will rejuvenate your face.

Mon, January 23

6-7:30 pm

#6125A1 1 session \$35

Wed, April 12

6-7:30 pm

#6125A2 1 session \$35

Live Virtual Course

Is Your Waistband Too Tight Today?

Instructor: Janice Novak

Have you ever found that in the a.m. your pants fit fine but by mid-afternoon, the waistband squeezes you like a tourniquet? Or that no matter how many crunches you do, your stomach still hangs out? Getting rid of a potbelly is much more than just doing abdominal exercises. In this workshop, you will learn the main causes and 6 strategies for getting rid of belly bloat. We will do a few exercises designed to strengthen the deepest layer of abdominal muscle - the layer that is responsible for flattening your stomach, shaping your waistline and supporting your lower back. And we will do this without getting on the floor.

Wed, February 15

6-7:30 pm

#6125M1 1 session \$35

Live Virtual Course

Virtual Classes with Janice Novak

Janice has a Masters Degree in Health & Physical Education. She is an internationally acclaimed author, speaker and wellness consultant who teaches workshops and seminars for hospitals, corporations and professional organizations. Janice regularly presents health segments on television and radio. For more about Janice, visit her website at www.janicenovak.com.


Visit our website for more classes taught by Janice Novak.

- Soothe Those Achy Joints
- Hips, Thighs & Otherwise
- Women’s Heart Health
- The Art of De-aging: Peel Years off your Biological Age
- Acupressure and Other Tools for Women 35 and Older
- Avoid Pitfalls (And Weight Gain) of Perimenopause/Menopause
- Metabolism Booster & Busters
- Overcome Your Carbohydrate Cravings
- Acupressure Face Lift & Skin Savvy
- Women, Weight & Hormones
- Thyroid Issues: Things You Need to Know
- Acupressure to Assist with Weight Loss
- Madras: The Ancient Art of Hand Yoga
- Posture & Osteoporosis Workshop: Building Better Bones
- Seated Abdominal Strengtheners That Won’t Stress Your Back or Neck
- Acupressure to Relieve Stress, Anxiety, Insomnia & More
- Just Breathe: Techniques to Calm, Center & Balance
- Posture Get it Straight
- De-Aging Your Brain
- Strong is the New Skinny! Total Body Band Strengtheners
- Improve Your Health at Any Age
- Feet, Knees and Ankles
- Vitamins & Herbs: Facts & Fallacies
- Techniques to Activate Your Brain’s Creativity Center

You Are Not Alone

If you need to talk with someone, Scott County Mental Health Center provides counseling and crisis care, call 952-496-8481.

Or, scan the code for additional mental health services.

Child and Teen Checkups 



Learn to Dance

Country Western Line Dance

Instructor: Victor Albrecht

Learn interesting and energizing western dances including South Side Shuffle, Country Waltz, Cowboy Cha-Cha and Scoot. Discover the 16 Step Polka, the Swinging Line Dance and gain skills to enjoy dancing. All invited, singles or pairs, all ages and beginners or those with experience. **Wear comfortable shoes.**

Mon, January 23 & 30
6-7 pm
#3388A 2 sessions \$29
La ola del lago Cafeteria

Ballroom Dance

Instructor: Victor Albrecht

This all-time favorite dance class offers you the perfect overview of popular social dances and will create confidence for the next wedding dance or other occasion that arises. Learn the conversation and corner step in the smooth Fox Trot, sometimes called slow dancing. The basic box step and waltz step will be taught in the elegant Ballroom Waltz. Basics, underarm turns and alternating turns will be taught in the "hot" East Coast Swing. **Please register as a pair.**

Mon, January 23 & 30 (Beginner)
7-8 pm
#3122A 2 sessions \$49/pair

Mon, March 20 & 27 (Beg/Int)
7-8 pm
#3122B 2 sessions \$49/pair
La ola del lago Cafeteria

Night Club Two Step

Instructor: Victor Albrecht

Get ready for a night out! The dance steps are easy and usable for night clubs, house parties or weddings. Learn easy footwork with various turns. Use a slow, quick count with the cross-over steps. **Please register as a pair.**

Mon, January 23 & 30
8-9 pm
#3128A 2 sessions \$49/pair
La ola del lago Cafeteria

Intermediate Country Western Line Dance

Instructor: Victor Albrecht

Love to Line Dance and want to learn more? This course will review the basics and add new dances including Swingin' Line Dance, Cowboy Cha-Cha, Tush Push, Waltz Line Dance and Honky Tonk Stomp. All invited, partners or no partners. Wear comfortable shoes. No discounts allowed.

Mon, March 20 & 27
6-7 pm
#3388B 2 sessions \$29
La ola del lago Cafeteria

Country Western Two-Step

Instructor: Victor Albrecht

Learn to dance "slow-slow-quick-quick" and before long, add more steps to the Country Two-Step. Discover the lasso turn, practice half circles, changes and swing turns that add fun and variety to dance. Try the Three-Step Polka and line dance patterns. Each new step will add further enjoyment on the dance floor. **Please register as a pair.**

Mon, March 20 & 27
8-9 pm
#3039A 2 sessions \$49/pair
La ola del lago Cafeteria

The Wedding Dance

Instructor: Victor Albrecht

It is not too late! Be ready for the special wedding day. Practice routines for the first dance and following patterns for the father daughter dance. Practice "Escort Bridge" and proper etiquette on the dance floor. All members of the wedding party should attend this class!

Mon, May 1
7-9 pm
#3142 1 session \$29/person
\$49/pair
La ola del lago Cafeteria

Partner Dancing for All Occasions (Ages 18+)

Instructor: Deanna Constantine

No matter the occasion, you'll be prepared to dance! Taking steps from classic ballroom dances, you'll learn mini-routines that are easy to remember & danceable to all your favorite songs. Rock, jazz, blues, country, pop hits & more, these routines work to all genres. Get dancing to improve your physical, emotional & cognitive health. Add spark & romance to your relationship with a dance class date night! If you think you have no rhythm and two left feet, this is the perfect course for you! Couples stay dancing together & singles rotate with other singles. Dress Casual. *Co-sponsored with ISD 720 Community Education.*

Tue, Feb. 21 to March 14
7-8:30 pm
#3109 4 sessions \$65/person
\$129/pair

Wed, May 3 to 24
7-8:30 pm
#3109 4 sessions \$65/person
\$129/pair
Eagle Creek Elementary School,
6855 Woodward Ave, Shakopee





Discover New Things

NEW! Adult Group Ukulele (Ages 18+)

Instructor: Bonnie Hallett

Come one, come all! Grab your ukuleles and let's jam. Beginners welcome. We will jam to familiar folk, pop, bluegrass and country tunes in a group setting. **There will be an additional \$10 fee payable to the instructor at the first day of class for a music book.*

Thu, February 2 to March 23
7-8 pm

#2975 8 sessions \$129*

La ola del lago CE Classroom 291

Get Paid to Teach English

Instructor: Gina Henry

Learn how Gina has taught her way around the world & paid for vacations and travel to over 98 countries. Teaching English is a high paying career or simply a great way to go on vacation for free. English is the world's business & travel language. If you speak English, you can teach conversational English! Learn about the best paying jobs, qualifications, teaching English online, certification programs & specific hiring organizations. Tuition includes instructors 100-page digital book (a value of \$39.95).

Sat, February 11 11 am to 2 pm
#3082A 1 session \$49/household

Sat, May 20 11 am to 2 pm
#3082B 1 session \$49/household
Live Virtual Course

Instant Piano for Hopelessly Busy People (Ages 18+)

Instructor: Craig Coffman

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do-using chords. This class is online so you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional weekly online question and answer session is also included. The course is lecture/demonstration and hands on instruction.

Mon, February 13

6:30-9:30 pm

#3124 1 session \$59

Live Virtual Course

The Secrets of Travel-Hacking

Instructor: Gina Henry

You can earn hundreds of thousands of airline frequent flyer miles and hotel reward points without ever stepping foot on a plane or paying for a hotel and then redeem them for high-value trips. Gina will show you her easy "Beginner Strategy" then graduate you to more advanced strategies that earn you 1 million+ reward points a year. All the major reward programs will be detailed. Tuition includes instructors 100-page digital book the Secrets of Travel Hacking - Free Air, Hotels & Cash Back (a value of \$39.95).

Sat, February 25

11 am to 2 pm

#3082C 1 session \$49/household

Live Virtual Course

Instant Guitar for Busy People (Ages 13+)

Instructor: Craig Coffman

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. This class is online so you will be able to sit at home with your guitar and take this class without any pressure at all. Class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional weekly online question and answer session is also included.

Wed, February 15

6:30-9 pm

#3418 1 session \$59

Live Virtual Course

Discover New Things

Join us in the Thrust Stage at Shakopee High School, (100 17th Ave W.) to enjoy a thrilling live performance, followed by a catered lunch! Doors open at 10:30 am, Show starts at 11:00 am, lunch served at 12:00 pm. *Co-sponsored with ISD 720 Community Education*

The Best of Alive and Kickin'

Performed by The Rockin' Seniors

Your favorite Rockin Seniors, ALIVE & KICKIN, once again take the stage with an ALL NEW spectacular collection of songs. Their unique brand of sharing classic rock songs and popular standards in the voice of seniors will wow and inspire you this season. Co-sponsored with Shakopee Community Education.

Sat, December 3 11 am to 12 pm
#ALIVE 22 \$34/person
Shakopee High School, 100 17th Ave W

NEW! Knowing Your Muslim Neighbor (Ages 13+)

Instructor: Mashood Yunus, Building Blocks of Islam

This class is focused on providing information about your community members who practice the religion of Islam. The class covers the basic belief system and educates about commonalities and differences. It is geared toward honest discussion and ample time is provided for Q/A. It is best for community members to learn about each other by meeting face to face. Questions often come up due to the life style of Muslims. There is curiosity but not a platform to ask and learn about each other. This class strives to close that gap.

Tue, March 7
6:40-8:50 pm
#3066A 1 session \$19
Twin Oaks Middle School Room 207

NEW! Women in Islam, Social Justice and Sources of Knowledge

Instructor: Mashood Yunus, Building Blocks of Islam

This class discusses the concept of community in Islam. The role of women, family and community leads to the structure to fulfill purpose of life for Muslims. How do Muslims treat the environment and common social issues with the help of religious teachings? What are the foundation of those teachings and their contribution to social Justice? These topic and more will be discussed.

Tue, March 14
6:40-8:50 pm
#3066B 1 session \$19
La ola del lago Room 266

NEW! The Enneagram: Know Your Strengths, Blindspots and Motives

Instructor: Liz McLean

Come learn about the Enneagram of Personality, a personal assessment tool (think a more comprehensive Myers-Briggs) that helps you understand the choices you make and why you make them. Become your own expert so you can Frank Sinatra your life, do it your way v. expert advice. Leave knowing your personality type and how it guides you. Increasing your self-knowledge enables you to be more decisive, have more contentment, and compassion for yourself and others.

Tue, January 24 & 31
6-8 pm
#4451 2 sessions \$59
Twin Oaks Middle School room 209

NEW! So You Want to Be Anti-Racist (Ages 18+)

Instructor: The Hope Speaks Project

This six week virtual course is offered to anyone looking to deepen their understanding of what it means to be anti-racist. Participants will be given tools to engage in uncomfortable conversations, develop their racial literacy, and begin to unpack how race operates in their everyday lives often without consent and/or acknowledgement, all the while building the muscles to move into action!

Thu, January 26 to March 9
No class: Feb. 16
7-8:30 pm
#4452 1 session \$69
Live Virtual Course

NEW! The Truth About Your Intuition and How to Make it Sing!

Instructor: Jodi Livon, The Happy Medium®

Demystify the meaning behind: psychic intuition, guides, angels, gut feelings & ghosts. Recognize how to develop your natural intuition. Learn how basic boundaries protect your energy. Distinguish the connection between your 5 senses and the language of your intuition. Event includes gallery-style-readings of intuitively-chosen audience members.

Wed, May 24
6:30-9 pm
#6282 1 session \$49
Twin Oaks Middle School Auditorium

Discover New Things

All classes will be held via Zoom. The webinar login information and materials will be sent prior to class.

Barn Storming: A Tour of Minnesota Barns & Barn Quilts

Instructor: Jay Grammond

Minnesota is filled with countless numbers of Barns, most from a bygone era. However, there are still a bunch in operation as well. Professional Photographer and Amateur Historian, Jay Grammond has travelled the state capturing images of barns of all shapes, sizes, and conditions. There is just something about a barn! There are some areas of the State where the barns are adorned with something called a Barn Quilt. Barn Quilts are pieces of art on the side of a barn, shed, or house that usually tell some sort of story. These places are all visible from the roadways, so once you know about them, you can go check them out!

Thu, February 2

6:30-7:30 pm

#3023D1 1 session \$25

Live Virtual Course



A Cure for Cabin Fever

Instructor: Jay Grammond

Are you feeling like you have had enough of Winter? Can't wait to get out of the house? Join Professional Photographer, Jay Grammond as he leads us on a photographic journey of possibilities that will get you out of the house and into your own yard, or local park this Spring and Summer. You will learn to see and compose creatively; how to create or look for great backgrounds; what subjects to focus on; and helpful Apps and Resources that could help you create your best images yet!

Thu, February 16

10-11 am

#3340B2 1 session \$25

Live Virtual Course

Building Your Vision: Taking Your Photography from Good to Great

Instructor: Jay Grammond

Are you a Photographer that wants to take your images to the next level; or maybe someone that is just getting going in photography? Do you want to be a photographer that TAKES Pictures; or one that CREATES Images? You'll leave this class with ideas and concepts that you can put into practice right away. We will cover some compositional basics that will surely improve your images if you are not using them; and we will discuss concepts of building your Photographic Vision to take your images from good to great!

Thu, March 2

6:30-7:30 pm

#3340G 1 session \$25

Live Virtual Course

See more
Jay Grammond classes online!

- A Road Trip Around Minnesota: Barns Quilt Trails
- Fading Ads of the Twin Cities
- A Road Trip Around MN: Lakes & Waterfalls
- A Road Trip Around MN: Veteran Memorials
- One Last Time: World War II Veteran Stories Part 1

Discover New Things

All classes will be held via Zoom. The webinar login information and materials will be sent prior to class and digital materials will be posted during class.

The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

How to Write Your Life Story (For Fun or Profit)

Instructor: LeeAnne Krusemark

You don't need to be famous to have a legacy to leave behind. Create an inspirational autobiography for family, friends, and others. Learn how to recall vivid memories, analyze events and people that shaped who you are, and bring your story to life. Your handout, included in the class fee, will have an outline to help you organize and write your memoir step-by-step. Printing/publishing options will also be discussed. The instructor LeeAnne Krusemark is a former journalist, current author and editor, and a nationwide Professor of Publishing at higher learning institutions, including Harvard Adult Education.

Sat, March 4

10-11 am

#4250A 1 session \$25

Live Virtual Course

Intro to Screenwriting for TV or Movies

Instructor: LeeAnne Krusemark

In this comprehensive session, you will learn about special screenwriting terms and formats for television and the big screen. You will also learn how to plot a story, develop characters, and execute your work in the proper screenwriting format. You will discover the difference between a Treatment, a Spec Script and a Shooting Script and when to do each. And, you'll get an inside look into the business of selling your script to agents and producers. Informative handouts for future use are included.

Sat, March 11

12-1 pm

#4250R 1 session \$25

Live Virtual Course

See more LeeAnne Krusemark classes online!

- **Be a Better Writer: 10 Easy Tips to Improve Your Writing Now**
- **How to Make Extra Cash Pet Sitting**
- **Make Money with a Virtual Assistant/Word Processing Business**
- **Save Money with Extreme Couponing**
- **Writing for Online Blogs, Magazines & Websites**
- **Meet the Publisher/Agent: Get Your Manuscript Critiqued**
- **Writing a Riveting Mystery, Suspense or Crime Story**
- **Using Amazon's Kindle Direct to Self-Publish Your Book**
- **Intro to Medical Terminology**
- **Explore the World as a Travel Writer**
- **Comedy Writing: How to be Funny on Paper and Stage**
- **Explore 50 Different Self Publishing Options**
- **Beginner's Guide to Starting a Free Blog**
- **Beginners Guide to Getting Published**
- **Monetize Websites, Blogs and Social Media**
- **How to Outline and Write an Irresistible Romance**

Explore 250 Legitimate Home-Based Business Ideas

Instructor: LeeAnne Krusemark

Tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits by starting a home business. Taught by a Chamber of Commerce Past President and award winning business owner, this is probably the most comprehensive business start up workshop you will ever find. You will discover: more than 250 legitimate home business ideas, mandatory legal documentation, many ways to market your product/service, how to take tax deductions (this workshop included!) Informative handouts for future use are included in class fee.

Wed, March 8

5-7 pm

#4250K 1 session \$35

Live Virtual Course

Earn Extra Money Mystery Shopping

Instructor: LeeAnne Krusemark

Have you seen ads telling you how to become a shopper, but only if you send them a lot of money? You do not have to pay to begin your new career in this exciting field. **(Participants must also attend "Explore 250 Legitimate Home-Based Business Ideas" for a clear understanding of this endeavor).** You will learn how to sign up with many legitimate mystery shopping companies WITHOUT FEES, avoid pitfalls and scams, create a required mystery shopping resume and profile, and how to file your mystery shopping reports for payment. Informative handouts for future use are included in class fee, including a list of 25 legitimate companies you can work for.

Wed, March 8

4-5 pm

#4250J 1 session \$25

Live Virtual Course

Youth After School (Gr. K-5)

After School Program Participants:

Please take note of our class safety procedures. Students will be dismissed from their elementary classroom directly to an assigned area for attendance, then walked to their class. If student is not in school the day of the class, please notify the Community Education office. If you choose to send a snack for your child, please be sure it is nut-free. Pick up procedures may vary by school. Late pick-ups are subject to a fee. Only people you list as an Authorized Pick-up can sign children out.

Amazing Adventures in Art (Gr. K-5)

Instructor: Abrakadoodle

Art is an amazing adventure. Come create some art with us this winter! Pour out your heart in a colorful heart creation. Learn how to draw owls, use clay to create a bird and a little nest, use chalk pastels to create a cow, and even try your hand at weaving. Join us and warm up your winter with lots of colorful creations.

2806Aw_Jeffers Pond Room: Art
Tue, Jan. 31 to March 7
No class: Feb. 7
3:55-4:55 pm 5 sessions \$85

2812Aw_La ola del lago Room: Art
Wed, Feb. 1 to March 8
No class: Feb. 8
3:55-4:55 pm 5 sessions \$85

2812Aw_Redtail Ridge Room: Art
Mon, Jan. 30 to March 6
No class: Feb. 20
3:05-4:05 pm 5 sessions \$85

Chess (Gr. K-5)

Instructor: Twin Cities Chess

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

2851w_Glendale Room: Art
Mon, Feb. 6 to March 20
No class: Feb. 20
3:55-4:55 pm 6 sessions \$89

2851w_Hamilton Ridge Room: Art
Wed, Feb. 15 to March 29
No class: March 15
3:55-4:55 pm 6 sessions \$89

2851w_Jeffers Pond Room: Art
Wed, Feb. 15 to March 29
No class: March 15
3:55-4:55 pm 6 sessions \$89

2851w_La ola del lago Room: Art
Fri, Feb. 10 to March 17
3:55-4:55 pm 6 sessions \$89

2851w_Redtail Ridge Room: Media
Fri, Feb. 10 to March 17
3:05-4:05 pm 6 sessions \$89

2851w_WestWood Room: Media
Tue, Feb. 14 to March 21
3:55-4:55 pm 6 sessions \$89

2851s_Glendale Room: Art
Mon, April 10 to May 15
3:55-4:55 pm 6 sessions \$89

2851s_Hamilton Ridge Room: Art
Wed, April 12 to May 17
3:55-4:55 pm 6 sessions \$89

2851s_Jeffers Pond Room: Art
Wed, April 12 to May 17
3:55-4:55 pm 6 sessions \$89

2851s_La ola del lago Room: Art
Fri, April 14 to May 19
3:55-4:55 pm 6 sessions \$89

2851s_Redtail Ridge Room: Media
Fri, April 14 to May 19
3:05-4:05 pm 6 sessions \$89

2851s_WestWood Room: Media
Tue, April 11 to May 16
3:55-4:55 pm 6 sessions \$89



Queen's Gambit Chess Tournament (Ages 5+)

More information on page 35.

Youth After School (Gr. K-5)

NEW! Robotics 2.2 (Gr. 1-5)

Instructor: {YEL}

Build a bumble bee, frog or design your own predator. Then program the bumble bee to fly and buzz, the frog to leap, and the predator to hunt. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving.

2714w_Hamilton Ridge Room: Art
Thu, Feb. 23 to March 30
3:55-4:55 pm 6 sessions \$89

2714w_Jeffers Pond Room: Media
Fri, Feb. 10 to March 17
3:55-4:55 pm 6 sessions \$89

2714w_La ola del lago Room: Art
Tue, Feb. 14 to March 21
3:55-4:55 pm 6 sessions \$89

2714w_WestWood Room: Media
Mon, Feb. 6 to March 27
No class: Feb. 13 & 20
3:55-4:55 pm 6 sessions \$89

Spectacular Spring Art (Gr. K-5)

Instructor: Abrakadoodle

Explore everything from colorful Ukrainian eggs to three-dimensional clay cupcakes in this spectacular spring art class. We will draw beautiful bunnies, paint colorful Scandinavian Dala horses, create bejeweled Ukrainian Eggs, make a clay cupcake, and more!

2812s_Jeffers Pond Room: Art
Tue, April 18 to May 16
No class: April 25
3:55-4:55 pm 4 sessions \$75

2812s_La ola del lago Room: Art
Wed, April 26 to May 17
3:55-4:55 pm 4 sessions \$75

2812s_Redtail Ridge Room: Art
Mon, April 24 to May 15
3:05-4:05 pm 4 sessions \$75

NEW! Robotics 2.3 (Gr. 1-5)

Instructor: {YEL}

Build a better, safer world. This session we focus on keeping civilization safe by building and programming an automatic flood gate, an earthquake machine, and designing your own city-safety features. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving.

2714s_Five Hawks Room: Media
Tue, April 11 to May 16
3:05-4:05 pm 6 sessions \$89

2714s_Glendale Room: Media
Fri, April 14 to May 19
3:55-4:55 pm 6 sessions \$89

2714s_Redtail Ridge Room: Art
Thu, April 13 to May 18
3:05-4:05 pm 6 sessions \$89

2714s_WestWood Room: Media
Mon, April 10 to May 22
No class: May 15
3:55-4:55 pm 6 sessions \$89

Hamilton Ridge Dance Team (Gr. 2-5)

Instructor: Laresa Pickens and Jessica Erickson

Calling all dancers! Work on a routine, play games that enhance your dance skills, and fine-tune your dance technique. No previous dance experience is required. You'll show off your routine the last 30 minutes of class on the final day (families welcome to attend!) and perform for your classmates at an all-school meeting. **Wear comfortable clothing and tennis shoes or dance shoes to class, and bring a water bottle each day. Fee includes a t-shirt. Indicate T-shirt size at registration. Please wear black dance pants or leggings with your Dance Team t-shirt for the final performance.**

2841s_Hamilton Ridge Room: Gym
Thu, April 20 to May 25
3:55-4:55 pm 6 sessions \$99

NEW! Cartoon Club (Gr. K-5)

Instructor: Young Rembrandts

Make this spring a memorable one for your child. Students enrolled in a Young Rembrandts Cartoon Club will learn the essential skills they need to illustrate exciting cartoon imagery that is filled with dynamic characters and expressive personalities. Your student will create fully realized cartoon characters from fun subjects like robots, hilarious dogs, and funny insects. Drawings of comical cars will spark your student's imaginations. They will also develop their visual story telling skills as they draw sequential images.

2556s_Five Hawks Room: Art
Fri, April 28 to May 26
3:05-4:05 pm 5 sessions \$75

2556s_Glendale Room: Art
Thu, April 13 to May 11
3:55-4:55 pm 5 sessions \$75

2556s_Hamilton Ridge Room: Art
Tue, May 2 to 30
3:55-4:55 pm 5 sessions \$75

2556s_Jeffers Pond Room: Art
Mon, April 10 to May 1
3:55-4:55 pm 4 sessions \$65

2556s_La ola del lago Room: Art
Mon, May 1 to 22
3:55-4:55 pm 4 sessions \$65

2556s_Redtail Ridge Room: Art
Tue, April 11 to May 9
3:05-4:05 pm 5 sessions \$75

2556f_WestWood Room: Art
Fri, April 14 to May 12
3:55-4:55 pm 5 sessions \$75

Youth After School (Gr. 6-12)

Chess (Gr. 6-8)

Instructor: Twin Cities Chess

Want to amaze your friends and impress your opponents? Want to increase your IQ while having fun playing Chess and compete for various prizes? Learn from Twin Cities Chess Club instructors who have years of teaching experience. Competitive chess tournaments are scheduled once a year and students can play for real chess trophies! All chess levels are welcome. All equipment is provided for Chess Club. Come make some new friends!

Tue, February 14 to March 28

No class: March 14

2:15-3:15 pm

2851w_Middle School 6 sessions \$89

Tue, April 11 to May 16

2:15-3:15 pm

2851s_Middle School 6 sessions \$89

Hidden Oaks Middle School Room 726

ZAPS ACT Test Prep

(Gr. 10-12)

Instructor: Doorway to College

ZAPS test-preparation seminars are carefully designed to help you do your personal best on the ACT. Students who complete the ZAPS seminar—and practice the tips and strategies at home—typically raise their ACT scores by 2 or more points. You will be taught strategies for improving in all four subtests, take shortened practice tests that mirror the actual testing experience, and get suggestions for individualized study in the days leading up to the test. You will receive a comprehensive Study Guide and 24 practice tests with detailed answer explanations. **Please bring a calculator and two pencils to the seminar.**

Mon & Tue, March 20 & 21

2 sessions \$110

#4006A - 3:30-6 pm

#4006B - 6:30-9 pm

Prior Lake High School Room: G216A/B

Middle School Archery

(Gr. 6-8)

Instructor: Three Rivers Park District in Partnership with Scott County

Step up to the challenge and take your shot! Learn proper shooting techniques and range safety, and hang out with other youth interested in developing archery skills. This is designed for archers with beginner to intermediate skills. You will learn to shoot compound bows, work on accuracy, and learn techniques to shoot at different yardage points. Along with archery, you will have the opportunity to try out hunting techniques with atl-atls. Transportation to Cleary Lake Park and all equipment is provided. Unless weather is severe, this is a rain or shine, outside program. **Dress for the weather. Parents are responsible for pick up at 4 pm at the range at Cleary Lake Park. The address is 18106 Texas Avenue, Prior Lake.** Class size is limited to 16, so register early. **Bus Departs at 2:15 pm from the lower level of Twin Oaks MS.**

Mon, April 24 to May 22

2:30-4 pm

#2842 5 sessions \$199

Cleary Lake Park,

18106 Texas Ave, Prior Lake

Prepare for the ACT

(Gr. 11-12)

Instructor: Max Dupslaff

Go in-depth into each section of the ACT (Reading, Science, Math, English, and Writing), teaching not only general strategies but also specific tips and tricks to help you ace the ACT. Make your first ACT your best possible ACT. Taught by an expert tutor who scored in the top 1% on the ACT, you'll work through this industry-leading curriculum to help you prepare for the big exam. Class meets on Mondays, and practice tests are held on Saturdays.

Sat, March 4 to 25

8-11:30 am

Mon, March 6 to April 10

5-7 pm

No class: March 27, April 1, April 3 & April 8

#4010 8 sessions \$295

Twin Oaks Middle School Room 207



Middle School Golf

(Gr. 6-8)

Instructor: Cleary Lake Park

Don't miss your tee time, join Middle School Golf! Golf is for you whether you are a beginner or you have a lot of experience. Package, includes group lessons from a golf instructor, time on the driving range and putting green, and one tee time per week for those of you that the Cleary Lake Staff feel could complete a round. Transportation to Cleary Lake Park provided for After School session only. **Parents are responsible for pick up from the golf course (18106 Texas Avenue, Prior Lake). Please bring your own clubs. Dress for the weather.**

Tue/Thu, April 25 to May 18

2:30-4 pm (Transportation Provided to Park)

#2778s

8 sessions \$245

Tue/Thu, April 25 to May 18

4-5:30 pm (No Transportation Provided)

#2778s Evening 8 sessions \$199

Cleary Lake Park,

18106 Texas Ave, Prior Lake



isd719CommEd



Driver Education (Ages 14.5-18)

Classroom: Students age 14.5+ can start Driver Education classes. Upon completion of the 30 hours of classroom, student will receive a Blue Completion Card.

Permit Test: After completing classroom requirement of 30 hours and age 15+, students can test for permit at a DMV testing station.

Behind the Wheel: After receiving a permit, students schedule three 2-hours Behind-the-Wheel lessons with A+ Driving School (ISD719 classroom provider) or another provider.

Driver's License: Students age 16+ with a permit for a minimum of 6 months, completed Behind the Wheel Lessons, and Supervised Driving Log can test for a license at a testing station.

Supervised Driving Log:

- Option A: Student logs 50 hours/3,000 minutes including 15 hours/900 minutes night driving.
- Option B: Parent(s)/Guardian(s) attend Point of Impact class then student logs 40 hours/2,400 minutes including 15 hours/900 minutes night driving.

In-Person (30 Hours of Classroom):

Location: Prior Lake High School Room A115

Fee: \$220 payable to ISD719

6100-1E	Mon-Fri, Nov. 14 to 30	3:15-6:15 pm
6100-1F	Mon-Fri, Dec. 1 to 15	3:15-6:15 pm
6100-1G	Mon-Fri, Jan. 3 to 17	3:15-6:15 pm
6100-1H	Mon-Fri, Jan. 18 to Feb. 1	3:15-6:15 pm
6100-1I	Mon-Fri, Feb. 2 to 16	3:15-6:15 pm
6100-1J	Mon-Fri, Feb. 17 to March 3	3:15-6:15 pm
6100-1K	Mon-Fri, March 6 to 21	3:15-6:15 pm
6100-1L	Mon-Fri, April 10 to 21	3:15-6:15 pm
6100-1M	Mon-Fri, April 24 to May 5	3:15-6:15 pm
6100-1N	Mon-Fri, May 8 to 19	3:15-6:15 pm

Online (30 Hours of Classroom):

Location: Online Zoom Meet

Fee: \$220 payable to ISD719

6100-2E	Mon-Fri, Nov. 14 to 30	3:30-6:30 pm
6100-2F	Mon-Fri, Dec. 1 to 15	3:30-6:30 pm
6100-2G	Mon-Fri, Jan. 3 to 17	3:30-6:30 pm
6100-2H	Mon-Fri, Jan. 18 to Feb. 1	3:30-6:30 pm
6100-2I	Mon-Fri, Feb. 2 to 16	3:30-6:30 pm
6100-2J	Mon-Fri, Feb. 17 to March 3	3:30-6:30 pm
6100-2K	Mon-Fri, March 6 to 21	3:30-6:30 pm
6100-2L	Mon-Fri, April 10 to 21	3:30-6:30 pm
6100-2M	Mon-Fri, April 24 to May 5	3:30-6:30 pm
6100-2N	Mon-Fri, May 8 to 19	3:30-6:30 pm

Point of Impact for Parent/Guardian (Optional - See Supervised Driving Log Above):

Fee \$10.00/person payable to ISD719

In-Person (7-8:30 pm):

2914C Tue, March 7

Location: Twin Oaks Middle School Room 209

Online/Virtual (7-8:30 pm):

2914B Thu, January 12

2914D Thu, May 4

6100-3E	Mon-Fri, Nov. 14 to 30	6-9 pm
6100-3F	Mon-Fri, Dec. 1 to 15	6-9 pm
6100-3G	Mon-Fri, Jan. 3 to 17	6-9 pm
6100-3H	Mon-Fri, Jan. 18 to Feb. 1	6-9 pm
6100-3I	Mon-Fri, Feb. 2 to 16	6-9 pm
6100-3J	Mon-Fri, Feb. 17 to March 3	6-9 pm
6100-3K	Mon-Fri, March 6 to 21	6-9 pm
6100-3L	Mon-Fri, April 10 to 21	6-9 pm
6100-3M	Mon-Fri, April 24 to May 5	6-9 pm
6100-3N	Mon-Fri, May 8 to 19	6-9 pm



Youth Nights & Weekends (Ages 4-18)

Ski/Snowboard Trips (Gr. 5-8)

Various options are available for skiing or snowboarding field trips to Buck Hill. Some options include lessons and equipment rental. One-way transportation to Buck Hill from the Elementary and Middle schools is included for all packages.

Mon, Dec. 19 to Feb. 6
No Ski Trips: Dec. 26 & Jan. 16
 After School until 7:30 pm
 #2900 5 sessions Fees Vary
 Buck Hill, Burnsville

NEW! Enormous Machines (Gr. 1-7)

Instructor: Young Engineers

Learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using provided building and programming kits. Learn about Science of germination, Power and Speed Gears, transmission mechanics, Renewable energy, and Elastic energy. During the class, you will build working motorized models of Farming Plough, Lift Bridge, robotic Conveyor belt and robotic Wind Turbine and others.

Mon, Jan. 9 to Feb. 6 *No class: Jan. 16*
 6:30-8 pm
 #2991A 4 sessions \$105
 Twin Oaks Middle School Media

Tennis (Ages 4-11)

Instructor: Carlson Tennis

The quickstart format to these programs, along with the Carlson Tennis teaching methods, get you playing quickly. Please bring an age appropriate racket. Rackets will be available for class use if you do not have one. Tennis participants may be invited to compete in tournaments outside of Tennis sessions. These competitions are not sponsored by Community Education, and additional fees may apply.

Little Stars (Ages 4-6) **5:30-6:15 pm**
 Course description online. 4 sessions \$75

#2866A1 Weds, Jan. 4 to 25
 #2866A2 Weds, Feb. 1 to 22
 #2866A3 Weds, Mar. 1 to 22

Rising Stars (Ages 7-8) **6:15-7:15 pm**
 Course description online. 4 sessions \$89

#2866B1 Weds, Jan. 4 to 25
 #2866B2 Weds, Feb. 1 to 22
 #2866B3 Weds, Mar. 1 to 22

Future Stars (Ages 9-11) **7:15-8:15 pm**
 Course description online. 4 sessions \$89

#2866C1 Weds, Jan. 4 to 25
 #2866C2 Weds, Feb. 1 to 22
 #2866C3 Weds, Mar. 1 to 22
 La ola del lago Gym

Multi Sports (Ages 6-10)

Instructor: Skyhawks

Experience a wide variety of sports and activities that you can explore in a fun and interactive setting. Focus on learning skills in soccer, basketball, and flag football and break things up throughout the day with camp games like Capture the Flag, Ultimate Frisbee and more.

Mon, January 16 - NON-SCHOOL DAY
 9 am to 3:30 pm
 #2938A1 1 session \$85

Fri, January 27 - NON-SCHOOL DAY
 9 am to 3:30 pm
 #2938A2 1 session \$85

Mon, February 20 - NON-SCHOOL DAY
 9 am to 3:30 pm
 #2938A3 1 session \$85

Fri, March 31 - NON-SCHOOL DAY
 9 am to 3:30 pm
 #2938A4 1 session \$85

Mon-Wed, April 3 to 5 - SPRING BREAK
 9 am to 3:30 pm
 #2938A5 3 sessions \$199
 Twin Oaks Middle School Gym Jerebek

Youth Nights & Weekends (Ages 4-18)

Unlimited FUN Obstacle Course (Gr. K-3)

Instructor: Fitness Boomers

Get ready for a fun-filled fitness journey with us. Have a blast with a variety of different fitness based activities and fun games and jumping challenges and loads of FUN! Learn balance, flexibility, agility, coordination, speed and sportsmanship. Creativity will be encouraged throughout the class in a safe and fun environment with upbeat music. At the end, relax with a quick mindfulness activity!

Tue, January 10 to 31

6:30-7:30 pm

2597w 4 sessions \$85

Tue, March 21 to April 25

No class: March 28 & April 4

6:30-7:30 pm

2597s 4 sessions \$85

Twin Oaks Middle School 107 Resource

Laker Dance Team Youth Clinic (Ages 5-14)

Instructor: PLHS Laker Dance Team

Come and shake off the winter blues with the Laker Dance Team at the Prior Lake Dance Team Winter Youth Clinic. Learn a variety of skills along with a short routine from the Laker Dancers. Then, perform this routine at the Prior Lake Dance Team Community Show that evening. Parents, you are encouraged to invite other family members to see your child perform, as well as see performances by the Prior Lake Varsity, JV and B-Squad dance teams. The Community Show is a night that PLDT proudly performs their routines for the community as they prepare to make their way back to the State Dance Team Floor in February. **Please wear comfortable clothing, lightweight tennis shoes or dance shoes, and bring a water bottle.** Fee includes instruction from the dance team and coaches. Camp proceeds benefit the PLHS Dance Team. *Register and provide a T-shirt size by December 22 to be guaranteed a t-shirt.

Sat, January 14 9 am to 1 pm

Performance 6:30-8 pm

#2707 1 session \$89

Prior Lake High School Commons

Babysitting 101 (Ages 11-15)

Instructor: Emergency Outfitters

This course follows the American Academy of Pediatrics (AAP) – Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, game handouts, babysitting bag and first aid kit.

Sat, January 21 8:30 am to 4 pm

#4008 1 session \$85

Twin Oaks Middle School Room 207

Basketball (Ages 6-12)

Instructor: Skyhawks

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs.

Sat, January 14 to February 4

10:20-11:05 am

#2699Aw_Ages 6-8 4 sessions \$79

11:15 am to 12:15 pm

#2699Aw_Ages 9-12 4 sessions \$85

Twin Oaks Middle School Gym C

NEW! Mandala Rock Art (Ages 15+ or 8+ w/Adult)

Instructor: Erin Stahl

Keep calm and relax by learning the art of mandala rocks. In this workshop, you will learn the history and meaning behind mandala art, and apply that knowledge to your own mandala rock art. You're sure to enjoy this serene workshop, and want to share your newly-discovered art form with friends and family.

Mon, January 23 6-7:30 pm

#3437A 1 session \$29/person

\$49/Adult + 1 child

\$59/Adult + 2 children

Twin Oaks Middle School 607 Art

Beginner to Intermediate Violin, Piano, Ukulele or Guitar Lessons (Ages 6+)

Instructor: Bonnie Hallett

Learn to play the violin, guitar, ukulele, or piano. Receive instruction from a professional Prairiegrass Band member! Lessons are 30-minutes. The instructor will contact families prior to the first lesson. Violin, piano and ukulele lessons are available for ages 6+. Guitar lessons are available for ages 9+. Parent contact info will be shared with the instructor. There will be an additional \$10 fee payable to the instructor at the first day of class for a music book and notebook.

#2975A Mon or Tue, Jan. 23 to March 21

No class: Feb. 7 or Feb. 20

#2975B Mon or Tue, March 27 to May 23

No class: April 3 or April 4

30 minute lessons between 5:30 and 8 pm

8 sessions \$279

La ola del lago Room 271 Music

NEW! Cinnamon and Caramel Rolls (Ages 5+ w/Adult)

Instructor: Heather Novak

These sweet bread rolls are made with cinnamon, with nuts, without nuts and/or with raisins. They can be topped with frosting or left plain as a warm rich treat. The bread base can be made into caramel rolls, orange glory rolls or a variety of other sweet rolls depending on your liking. Instructor, Heather Novak, loves to smell the deep yeasty smell and taste the warmth of the flour and sugar in her mouth. Come learn to make a batch from scratch in this class! They will NOT be around for long as they taste so good! Bring a 9x13 pan to class with you. Gluten free is an option, just indicate it at registration. Supply fee (\$10) included in tuition.

Sat, January 21 8:30-11:30 am

#2507A 1 session \$69/pair (1 batch)

\$79/pair (2 batches)

Twin Oaks Middle School Room 308 FACS

Code Championship



Code Championship Tournament (Gr. 3-9)

Instructor: AbaMath

Build a computer bot to play head-to-head against other coders! Players will be broken into pools based on age for competitive and fair play. Whether this is your first Code Championship event, or if you've been competing for years, this is the perfect way to explore the competitive coding world of Code Championship. No previous coding experience necessary. This event will be hosted online using Google Meet and the Code Championship website. If you have a modern browser like Chrome or Firefox, no additional download is required. Please come knowing how to navigate the internet (basic typing and mouse control).

Sat, April 1 to 22 9 to 11 am
#2517 4 sessions \$85 Live Virtual Class

Hacking Java Games (Gr. 4-8)

Instructor: Tech Academy

Hack into the code of classic games! Students will learn Java coding skills while modifying games. Coding beginners and more experienced students will love this class. This fun class is our staff's and students' favorite coding class. We will be editing text files. No experience is necessary, but familiarity with common tasks using a computer operating system (text-editing and understanding directory structures) and good keyboarding skills is required. Additional Technical Requirements listed online.

Sat, February 25 9 am to 12 pm
#2731J 1 session \$59
Live Virtual Class

Video Production for YouTube: Podcasting (Gr. 3-7)

Instructor: Tech Academy

Learn how to produce a YouTube - Learn the ins and out of producing your own podcast. Explore ideas, make a script map, and more. We will also go over refining your audio using Audacity. Edit your video, add transitions, insert a soundtrack. Then share your finished video with the world. Additional Technical Requirements listed online.

Sat, January 7 & 14 2 sessions \$79
10:30 am to 12:30 pm
#2731B Live Virtual Class

Sat, March 4 & 11 2 sessions \$79
8-10 am
#2731K Live Virtual Class

See more
Tech Academy
on our website!

- Escape the Ender Dragon: Escape Room Adventure (Gr. 1-6)
- Game Coding (Gr. 1-4)
- Game Coding: Mario Cart (Gr. 3-7)
- Game Coding: Multiplayer (Gr. 3-7)
- Game Coding: Star Wars (Gr. 2-5)
- Minecraft Coding: Automations (Gr. 2-6)
- Minecraft Mod Development: Custom Mobs (Gr. 2-6)
- Multiplayer Minecraft: Adventure Map Builder (Gr. 1-6)
- Multiplayer Minecraft: Colosseum Builder (Gr. 1-6)
- Multiplayer Minecraft: Skyblock Creator (Gr. 2-7)
- Web Design (Gr. 4-8)

3D Printing & CAD (Gr. 2-6)

Instructor: Tech Academy

New Projects this semester! This 3D printing camp takes students through the 3D printing process from start to finish. Students will design 3D objects using TinkerCAD (online web app), and use the 3D slicing program Cura to bring their creations to life. This course serves as an excellent introduction to 3D printing and is ideal for students who like to draw, design, imagine and see their creations come to life. Students will be designing 1-2 objects, and the 3D print will be mailed home. No experience is necessary, but familiarity with doing common tasks using a computer and keyboarding is required. Additional Technical Requirements listed online.

Sat, April 1 9 am to 12 pm
#2731N 1 session \$79
Live Virtual Class

Game Coding: Pokemon (Gr. 2-5)

Instructor: Tech Academy

Students will be introduced to programming concepts using Scratch. Learn to create an interactive 2D video game using your FAVORITE Pokémon characters. Scratch is a drag-and-drop creative coding platform developed by MIT. Basic computer skills needed (basic keyboarding and using a mouse). Additional Technical Requirements listed online.

Thu, January 12 1 session \$35
6-7:30 pm
#2731C Live Virtual Class

Youth Nights & Weekends (Ages 4-18)



NEW! Young Potters (Ages 11-17)

Instructor: Holly Bozaich

Hand-build a clay project, or try out the potter's wheel! Many projects to choose from, or make your own unique creation. Includes glazes, tools, and firing. Pick up your project approximately 3 weeks later.

Thu, January 19 4:30-6:30 pm
#3105A 1 session \$49

Thu, February 16 4:30-6:30 pm
#3105B 1 session \$49

Thu, March 23 4:30-6:30 pm
#3105C 1 session \$49

Thu, April 20 4:30-6:30 pm
#3105D 1 session \$49

Thu, May 18 4:30-6:30 pm
#3105E 1 session \$49

Pottery by Holly,
4264 Colorado St Se, Prior Lake

NEW! Kid's Pottery (Ages 5-10)

Instructor: Holly Bozaich

Hand-build a fun pottery project led by Miss Holly. Includes glazing, tools, and firing. Pick up your project in approximately 3 weeks.

Sat, February 18 1-3 pm
#3105A 1 session \$39

Sat, March 25 1-3 pm
#3105B 1 session \$39

Sat, April 22 1-3 pm
#3105C 1 session \$39

Sat, May 20 1-3 pm
#3105D 1 session \$39

Pottery by Holly,
4264 Colorado St Se, Prior Lake

NEW! Kid's Pottery: Valentine Edition (Ages 5-10)

Instructor: Holly Bozaich

Hand-build a Valentine's dish, or learn how to make a clay rose, led by Miss Holly. Includes glazing, tools, and firing. Pick up your project in approximately 3 weeks.

Sat, January 21 1-3 pm
#3105_Valentine 1 session \$39
Pottery by Holly, 4264 Colorado St Se, Prior Lake



NEW! Hearts a Bloom Partner Painting (Ages 5+ w/Adult)

Instructor: Vanessa Merry

This class is a fun "Date Night" for you and your child to paint together. No experience is needed, this class is about spending quality time with your child and having fun. Each person is provided a 16 x 20 canvas, acrylic paints, and all the supplies needed to create their own masterpiece that can stand alone or be hung side-by-side for a combined work of art. The instructor will lead you step-by-step through the painting. **See photograph of painting on page 9.**

Sat, February 4 10 am to 12 pm
#3435E 1 session \$65/Adult & 1 child
\$79/Adult + 2 children

Twin Oaks Middle School 607 Art

NEW! Cookie Monsters (Ages 15+ or Ages 6+ w/Adult)

Instructor: Laurel Severson

Kids and cookies...what a terrific combination! And nothing is better than making and baking an assortment of yummy chocolate chip cookie variations. You will make 4 fantastic cookie recipes - Almost Mrs. Fields' Chocolate Chip, Banana Chocolate Chip, Chocolate with White Chips and Toffee Chocolate Chip. Then you will also make and bake Chocolate Mint Cookies, Peanut Butter Cookies, Sugar Drops and Rolled Sugar Thins (w/painted designs).

Tips sheet on how to ensure making great cookies every time will be supplied. Bring containers to transport your cookies home to enjoy or freeze. Supply fee (\$16) included in tuition.

Sat, February 25 9 am to 12 pm
#2828 1 session \$59
Twin Oaks Middle School Room 308

Youth Nights & Weekends (Ages 4-18)

Fencing (Ages 7-18)

Instructor: {YEL}

Engage, attack, and advance! Learn or improve your fencing skills, play favorite fencing games and earn arm bands. Safety is our first priority. We supply safety swords, protective masks, chest plates and jackets, in a high-octane, inclusive environment. Become an athlete in the “sport of the intellectual athlete!”

Wed, February 1 to March 22

#6113w_Ages 7-11 6-7 pm

8 sessions \$139

#6113w_Ages 12-18 7:05-8:35 pm

8 sessions \$179

Wed, April 12 to May 31

#6113s_Ages 7-11 6-7 pm

8 sessions \$139

#6113s_Ages 12-18 7:05-8:35 pm

8 sessions \$179

La ola del lago Cafeteria

NEW! Spanish Immersion Style (Ages 5-11)

Instructor: Language Sprout

Come learn Spanish with Language Sprout. This elementary-focused, immersive program will get your child speaking fast. Our classes combine theme based and grammar lessons with hands-on learning to meet your child at their right level. Class includes a parent portal for continued learning at home.

Sat, February 4 to March 25

10-11 am

#2952 8 sessions \$159

Twin Oaks Middle School Room 209

NEW! Child's Play Theater

Improvisation (Ages 10-14)

Instructor: Andy Velishek

Students will have five sessions to practice and improve their improvisation abilities in this fun opportunity. We'll play a variety of improvisation acting games that will develop your ability to think quickly while on the stage.

Mon-Fri, February. 6 to 10

6-8 pm

#2868_Improv 5 sessions \$99

Twin Oaks Middle School Auditorium

NEW! Fun with Fiber Art

Circle Weaving (Ages 7-12)

Instructor: Erin Stahl

Weaving is one of the oldest forms of art. In today's world, you can weave using a variety of materials, and different kinds of looms. In this workshop, you will be led through the process of creating a simple loom using repurposed materials, and will produce a colorful, unique weaving using a variety of yarns.

Mon, February 13

6-7 pm

#2994 1 session \$29

Twin Oaks Middle School Room 607 Art

NEW! Floor Hockey (Ages 6-12)

Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stickhandling and speed. Specifically designed for beginning and intermediate players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, February 14 to March 7

#2666Bw_(Ages 6-8) 5:40-6:40 pm

#2666Cw_(Ages 9-12) 6:50-7:50 pm

4 sessions \$85

Twin Oaks Middle School Gym C

NEW! Astonishing Machines (Gr. 1-7)

Instructor: Young Engineers

Learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using provided building and programming kits. Learn about science of vibration, Pulleys and transmission mechanisms, and Newton's laws of motions. During the class, you will build working motorized models of Ground Compactor, robotic Soccer ball launcher, robotic Candy Packaging machine and others.

Mon, February 13 to March 13

No class: Feb. 20

6:30-8 pm

#2991B 4 sessions \$105

Twin Oaks Middle School Media



Volleyball (Ages 6-12)

Instructor: Skyhawks

Volleyball skills are taught through drills and exercises that focus on passing, setting, hitting, and serving. This co-ed program is designed for beginning and intermediate players. Instructors will assist you in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. The participant-to-coach ratio is approximately 10:1. **Knee pads recommended.**

Sat, February 18 to March 11

#2676Aw_Ages 6-8 9:40-10:25 am

4 sessions \$79

#2676Aw_Ages 9-12 10:35-11:35 am

4 sessions \$85

Hidden Oaks Middle School Gym A



**Prior Lake-Savage
Community Ed is on
Facebook!**

@isd719comm

Youth Nights & Weekends (Ages 4-18)

NEW! Sweet Spring Cupcakes (Ages 5-16)

Instructor: Heather Novak

There is never a bad time for cupcakes and spring is all about new color and fresh tastes. Come and learn to frost, sprinkle, and creatively decorate a dozen cupcakes. Techniques in roses/flowers will be taught for those that wish to know as well as a cute little spring critter or two. Fee includes cupcakes, frosting, and decorations. Please bring a box, pan or container to bring your finished creations home in. Parents are welcome to stay for a fun parent child evening but are not required too. Supply fee (\$14) included in tuition. **Bring a container for the treats you don't eat!**

Mon, March 13 6:30-7:45 pm
#2987 1 session \$45
Twin Oaks Middle School Room 308 FACS

NEW! Child's Play Theater: Bedtime Stories (As Told by our Dad Who Messed Them Up) (Gr. 2-8)

Instructor: Andy Velishek

It's Dad's turn to tell his three rambunctious kids their bedtime stories, but when he gets fuzzy on the details, the classics get creative. There's a prince with snoring problems in the Princess and the Pea, The Boy who Cried Wolf cries dinosaur and Rumpelstiltskin turns all the gold into straw. You may not remember these fairy tales, but Dad does! During the sessions, students will participate in open auditions for main speaking roles followed by sessions that involve creating blocking and developing acting skills. This will all come together with 2 performances on Saturday May 20.

Sat, Mar. 25 to May 20 8:30 am to 12 pm
No class: April 1 or April 8
Performances: May 20 - 1:00 & 6:30 pm
#2868 8 sessions \$129
Twin Oaks Middle School Auditorium

NEW! April Fool's Day (Gr. K-5)

Instructor: Kidcreate Studio

We'll get simply silly as we celebrate April Fool's Day by creating some unbelievably hilarious craft pranks.

Sat, March 25
9 am to 12 pm
#2812A 1 session \$45
Twin Oaks Middle School Room 607

NEW! Entertaining Machines (Gr. 1-7)

Instructor: Young Engineers

Your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using provided building and programming kits. Your child will learn about Centrifugal force, asymmetric motion, Kinetic, Potential and Elastic energy. During the class, your child will build working motorized models of Hurricane ride, Pendulum ride, robotic Frisbee launcher, robotic Drummer and others.

Mon, March 27 to April 24
No class: April 3
6:30-8 pm
#2991C 4 sessions \$105
Twin Oaks Middle School Media

Unicorn Tea Party (Ages 5-12 w/Adult)

Instructor: Heather Novak

Come celebrate the magic of unicorns with a tea party. Complete with sprinkles, glitter, magic and all sweet sugary treats that attract the kids and the kid in us. Bring your favorite and let's make all those sprinkle filled treats and colorful rainbow foods that you and unicorns like. Then we will sit down and nibble on them or save them and share with your family and friends later. Adults are encouraged to stay. **Bring a container for the treats you don't eat!**

Tue, March 28 6-8 pm
#2507B 1 session \$49
Twin Oaks Middle School Room 308 FACS

NEW! Game On! (Ages 5-12)

Instructor: Kidcreate Studio

Take a break and go "AFK" (away from keyboard) while exploring your favorite games in a brand new way! In this camp, you'll draw, sculpt, paint, and more as you create projects inspired by some of our favorite video games. Design your own avatar on a real canvas board, sculpt your favorite Among Us Crewmate, create Sonic the Hedgehog and so much more! This camp covers some of the hottest new games plus awesome throwback classics, too. Come get your game on!

Mon & Tue, April 3 & 4
1-4 pm
#2812B 1 session \$99
La ola del lago CE Classroom 291

FAST Kids-Staying Safe at Home (Ages 7-10)

Instructor: Emergency Outfitters

First Aid and Safety Trained Kids covers basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. This course helps prepare children for staying at home alone. Receive a book and construct a home first aid kit. Please bring 2 nut-free snacks, lunch and a beverage to class.

Sat, April 15 8:30 am to 12:30 pm
#2757 1 session \$59
Twin Oaks Middle School Room 209

Baseball (Ages 6-12)

Instructor: Skyhawks

A great catch! Learn the fundamentals of fielding, catching, throwing, hitting, and base running in a fun, positive environment. Athletes learn new baseball skills along with vital life lessons such as respect, teamwork, and responsibility.

Sat, May 6 to June 3 *No class: May 27*
#2670As_Ages 6-8 10:20-11:05 am
4 sessions \$79
#2670Bs_Ages 9-12 11:15 am to 12:15 pm
4 sessions \$85

La ola del lago Field

Youth Nights & Weekends (Ages 4-18)

NEW! Newton's Machines (Gr. 1-7)

Instructor: Young Engineers

Your child will learn about STEM and Programming concepts and will be challenged to build up to four (4) different motorized Robotic and Engineering models using patented building and programming kits. Your child will learn about Newton's law and law of motions and gravity, Cantilever principle, hand-eye synchronization and other principles. During the class, they will independently build working motorized models of Drill Machine, robotic carousel, robotic Pedestal Fan, Snail Robot and others.

Mon, May 1 to 22

6:30-8 pm

#2991D 4 sessions \$105

Twin Oaks Middle School Media

Soccer (Ages 6-12)

Instructor: Skyhawks

Skyhawks has a variety of soccer programs for parents looking to introduce their children to the fundamentals of the world's most popular sport. Young athletes, gain the technical skills and sport knowledge required for the next progression of soccer. This camp focuses on dribbling, passing, shooting and ball control and uses a wide variety of skill games and scrimmages throughout the week. The final day of camp culminates in a tournament day, where participants can showcase their newly learned skills! **Shin guards are recommended.**

Thu, May 4 to 25

#2674A (Ages 6-8) 5:55-6:40 pm

4 sessions \$79

Thu, May 4 to 25

#2674A (Ages 9-12) 6:50-7:50 pm

4 sessions \$85

La ola del lago Field

Edible Garden (Ages 5-12)

Instructor: Heather Novak

We want our kids to eat their veggies. We also want them to learn responsibility. This class puts the responsibility of caring for a mini garden in the hands of our kids. Designed for the child who does not want to eat her/his veggies or maybe loves to play in the dirt, your child will go home with a small garden container to care for this summer. Out of her/his work, tomatoes, carrots, green beans and other yummy FRESH veggies will grow that will taste so much better than store vegetables. Best of all they will be introduced to the basics of gardening, the importance of patience and practicality of how to water and "feed" their plants. Supplies include: one 12x17x9 inch container box, one bag of soil, one watering worm, seeds and plants. Supply fee (\$18) included in tuition.

Fri, May 5

6:30-7:45 pm

#2986A 1 session \$49

Twin Oaks Middle School Room 607 Art

National Flag Football (Boys and Girls Ages 4-14)

Registration Opens December 1

Coaches: National Flag Football Volunteers

National Flag Football is a non-competitive, non-contact, recreational flag football league. This league caters to both boys and girls, ages 4-14, and is the largest NFL Flag Football affiliate in the country! The program teaches the fundamentals of the game of football, as well as team building, sportsmanship, growth, and so much more! NFF is a volunteer based organization and relies on volunteer parents for team coaches. Teams meet weekly on Sundays for a one hour practice followed by a one hour game, making this a two hour time commitment on Sundays only. **Please register online at www.MinnesotaFlagFootball.com.** *Fee includes reversible NFL jersey and flag belt for you to keep. An additional 3.99% processing fee is added to each transaction. Financial aid is available for those who qualify, payment plan available until March 5, 2023. NFF facilitates all NFF programming, including the placement and oversight of staff and volunteers. *PLSAS Community Education provides access to this activity at PLSAS. NFF staff and volunteers are not overseen by Community Education.*

Sundays, April 23 to June 18 *No games May 28*

Times TBD

7 sessions \$140

Twin Oaks Middle School

Register online at www.MinnesotaFlagFootball.com

Touchdown for Tots (Ages 4-5)

Sundays, April 23 to June 18 *No games May 28*

Time: 12-1 pm

7 sessions \$75

Twin Oaks Middle School

Queen's Gambit Chess Tournament (All Ages)

Checkmate! All experience levels are welcome and players are divided into the following groupings by Age: 5-8, 9-12, 13-17 and 18+. Each participant plays five rounds. Registration cost includes pizza and a drink for each participant, as well as trophies, medals and other awards. *This tournament is refereed and run by the Twin Cities Chess Club, in partnership with Shakopee Community Education.*

Sat, May 13

10 am to 2 pm

#2851f_Tournament 1 session \$35

Shakopee West Middle School,

200 10th Ave E, Shakopee





Early Learners

Little Stars Tennis

(Ages 4-6)

Instructors: Carlson Tennis

Little Stars (Ages 4-6) Agility, balance, and coordination are emphasized. Movement and tracking skills give you the ability to properly handle a racquet and ball. Fun and success are the goals!

Wed, January 4 to 25 5:30-6:15 pm
#2866A1 4 sessions \$75

Wed, February 1 to 22 5:30-6:15 pm
#2866A2 4 sessions \$75

Wed, March 1 to 22 5:30-6:15 pm
#2866A3 4 sessions \$75
 La ola del lago Gym

NEW! Floor Hockey

(Ages 3-5)

Instructor: Skyhawks

Score a winning goal with our Street/Floor Hockey classes. Coaches will teach the key concepts of passing, shooting, defense, stickhandling and speed. Specifically designed for beginner players, this program teaches athletes street/floor hockey skills along with lessons such as respect, teamwork, responsibility and safety (no checking). Plastic sticks and balls will be provided.

Tue, February 14 to March 7 5-5:30 pm
#2666As_(Ages 3-5) 4 sessions \$69
 Twin Oaks Middle School Gym C

Wish Upon a Ballet

(Ages 3-6)

Instructor: Mayer Arts

Wish Upon a Ballet is a dance program for children that incorporates popular children's stories as well as ballet stories to create a dance class that is more than ballet steps. Using musical instruments, parachutes and scarves we will create a complete fairy tale experience while we skip, leap, jump and spin. Children will learn an appreciation of dance and music while developing strength and flexibility. *Girls and boys will need ballet shoes and comfortable clothes they can move around in.*

Tue, Jan. 10 to Feb. 21
 9:30-10:15 am
#2610_Snow Queen
 7 sessions \$85

Tue, Feb. 28 to April 11 *No class: April 4*
 9:30-10:15 am
#2610_Aladdin
 6 sessions \$69

Tue, April 18 to May 23
 9:30-10:15 am
#2610_Carnival of Animals
 6 sessions \$69
 Edgewood School Room 228

Basketball: Hoopster Tots

(Ages 3-5)

Instructor: Skyhawks

Super Tots by Skyhawks uses age-appropriate games to engage kids in a variety of sports. Hoopster Tots focuses on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge.

Sat, Jan. 14 to Feb. 4 9-9:30 am
#2732Aw_Ages 3-4 4 sessions \$69

Sat, Jan. 14 to Feb. 4 9:40-10:10 am
#2732Aw_Ages 4-5 4 sessions \$69
 Twin Oaks Middle School Blue Gym C

Volleyball Tots (Ages 3-4)

Instructor: Skyhawks

A great way to learn a signature sport! One of the more difficult motor skills to grasp for children, these classes help them learn to bump, set, and spike, as well as developing agility, reaction, speed, and teamwork.

Sat, Feb. 18 to March 11 9-9:30 am
#2732Bw_Ages 3-5 4 sessions \$69
 Twin Oaks Middle School Blue Gym C

Early Learners (Newborn-Age 6)

Music Together

(Newborn-6 yrs w/Adult)

Instructor: Kari Owens, Music Together

Discover the joy of making Music Together! Sing, laugh, move and learn along with your baby, toddler or preschooler each week in these award-winning classes. The goal of Music Together is to make the world a better place by making it more musical. We do this by bringing the highest quality music and movement experiences to children—and involving the grown ups who love them in the magical process of development that only music can provide. The little ones love the engaging classes and the caregivers love helping their children grow into confident, life-long music makers. Classes are mixed-age so the siblings can be together. Families take home a songbook, a corresponding CD and a code to download or stream the music using our free app. Material fee (\$45) included in tuition.

Prior Lake Library -

16210 Eagle Creek Ave SE

Fri, Jan. 6 Free Demo 10:15-11 am
Fri, March 24 Free Demo 10:15-11 am

Fri, Jan. 13 to March 17

#2904C1_Prior Lake 10:15-11 am

#2904C2_Prior Lake 11:15 to 12 pm

Fri, April 7 to June 9

#2904D1_Prior Lake 10:15-11 am

#2904D2_Prior Lake 11:15 to 12 pm

10 sessions \$195/first child
\$109/sibling

Savage Senior Living at Fen Pointe -

5950 W 13th Lane

Thu, Jan. 5 Free Demo 10:30-11:15 am

Thu, Mar. 23 Free Demo 10:30-11:15 am

Thu, Jan. 12 to March 16

#2904C_Savage 10:30-11:15 am*

Thu, April 6 to June 8

#2904D_Savage 10:30-11:15 am*

10 sessions \$195/first child
\$109/sibling

*10:30 classes includes “grandfriends”.
Participation from Savage Senior Living residents.

My Favorite Things Art

(Ages 18 mos. to 6 yrs w/Adult)

Instructor: Kidcreate Studio

Furry puppies! Shooting stars! Clay and paint and glitter and more! In this class, you and your little artist will create some of our most popular projects, all inspired by our very favorite things. You'll even make a shimmering Goodnight Moon masterpiece, inspired by one of our favorite books! If your little one loves getting messy...and if you love adorable fridge-worthy art, we're certain this is the class for you! Come and create right along with your child. Children must be accompanied by a caregiver.

Mon, March 6 to 27 9:30-10:30 am

#2708A 4 sessions \$75

Edgewood School Room 227

NEW! Paw Patrol Art

(Ages 3-6)

Instructor: Kidcreate Studio

Come to class ready for some mess making fun! The young artists will use their fingers to paint an adorable pooch.

Mon & Tue, April 3 & 4

9 am to 12 pm

#2708_Paw Patrol 2 sessions \$99

La ola del lago CE Classroom 291

Football: 1st Down Tots

(Ages 3-5)

Instructor: Skyhawks

1st Down Tots is a development program for kids ages 3 to 5 years old that uses a variety of fun games to engage kids while teaching the sport of Football and developing fundamental skills. The goal is to build fitness, muscle coordination, football fundamentals and create a love of the game. We do not do any tackling or blocking at this level. One parent/guardian encouraged to participate with their child.

Tue, May 2 to 23

9-9:30 am

#2732Cs_Ages 4-5 4 sessions \$69

9:40-10:10 am

#2732Cs_Ages 3-4 4 sessions \$69

Redtail Ridge Elementary East Field

Soccer Tots (Ages 3-5)

Instructor: Skyhawks

Super Tots by Skyhawks uses age-appropriate games to engage kids in sports. The goal of this class is to develop kicking, running control, and dribbling. It also teaches listening and following instructions. The class uses a variety of fun games with lots of physical activity.

Thu, May 4 to 25

4:35-5:05 pm

#2732Ds_Ages 3-4 4 sessions \$69

5:15-5:45 pm

#2732Ds_Ages 4-5 4 sessions \$69

La ola del lago at Grainwood Field



Baseball Tots (Ages 3-5)

Instructor: Skyhawks

Baseball Tots is a development program for kids ages 3 through 5 years old that uses a variety of fun games to engage kids while teaching the sport of baseball and developing fundamental skills. The goal is to build fitness, muscle coordination, baseball fundamentals and create a love of the game. One parent/guardian encouraged to participate with their child.

Sat, May 6 to June 3 *No class: May 27*

9-9:30 am

#2732Es_Ages 3-4 4 sessions \$69

9:40-10:10 am

#2732Es_Ages 4-5 4 sessions \$69

La ola del lago at Grainwood Field

Visit www.priorlakesavagece.com - 952-226-0310

Contact Us

ECFE/Circle of Friends Preschool

Main Office 952-226-0950
Fax..... 952-226-0949
5304 Westwood Dr SE, Prior Lake
Lower Level Entrance, Door 6W

Director of Community Education

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joeldahl@plsas.org

Early Learning Coordinator

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Circle of Friends Preschool Secretary

Julie Miller 952-226-0952
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Screening Secretary

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dtribby@plsas.org

Early Learning Parent Educators and Children's Teachers

Kim Chapin 952-226-0950
kchapin@plsas.org

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Rebecca Worrell 952-226-0950
rworrell@plsas.org

Early Childhood Special Education

Early Childhood Special Education Coordinator

Lori Parker 952-226-0986
lparker@plsas.org

Early Childhood Special Education Secretary

Mel Owen 952-226-0980
Fax..... 952-226-0981
mowen@plsas.org



Early Childhood Family Education
Prior Lake-Savage Area Schools

What is ECFE?

ECFE is a program that strengthens families with young children through play, education and support. It is unique to Minnesota.

Did you Know?

ECFE is not just for parents! All special grown-ups are invited to participate in ECFE! Grandparents, nannies, aunts and uncles all enjoy and participate in classes.

Parent/Caregiver Perks:

- Support and encouragement in your role as a parent or caregiver
- Current research-based information on child development
- Peer connection: We are in this together!
- Community connections: Awareness of community resources and support services
- Dedicated time together with your special little one

Child Benefits:

- Forming friendships
- School readiness support
- Dedicated time together with your special grown-up

ECFE Fees:

ECFE uses a sliding-fee scale based upon your household's annual gross income. Scholarships are available for families who live in Prior Lake-Savage Area School District.

Childcare is available during most classes for siblings from 7 weeks to age 6. A child under 7 weeks old may stay with their parent. Register for sibling care at the same time you register for a class. This is a family per session fee, not an individual fee per child.

Early Childhood Screening

All children between the ages 3 and 5 years old need to participate in a screening before kindergarten. Sign up for a screening appointment online at www.priorlakesavagece.com or call 952-226-0975. We look forward to meeting your family!



Semester 2: January to June 2023

Registration opens December 8 at 8:00 a.m.



Welcome Baby (Ages 0-16 Months)

It's not always easy to get out of the house when you have an infant but this class will make you glad you did! Here you'll be gifted with 75 minutes of uninterrupted time to bond with baby and build a community of your parenting peers all within a comfortable, supportive environment. While playing, singing, and relaxing with your babies, parents will share stories about their baby's growth and development, discuss strategies for developing healthy eating and sleeping habits, and learn what new research tells us about your baby's important first experiences. These positive and informative classes are led by a certified educator of infant massage and are designed to help parents use nurturing touch to feel closer to their babies and become more confident in their caregiving.

Mondays, January 30 to May 22
No class Feb. 20 & April 3
4:30-5:45 pm
Non-Separating
Edgewood School Room 113



Little Movers (Ages 12-24 Months)

Do you have a little one that is always on the move! Join us for activities and toys that provided learning while your little one is on the move. Our licensed teachers are ready and excited to spend time with you and your little one.

Mondays, January 30 to May 22
No class Feb. 20 & April 3
8:45-10:15 am
Non-Separating
Edgewood School Room 113



Parent Discussion Time (Parents only)

Join our licensed experts, Becki and Ami, for this adult only class. Becki has been a parent educator for many years and Ami is our school psychologist. Bring your questions and wonderings. This class meets every other week.

Thursdays, February 2 to June 1
No class April 6
8:45-10 am
Online or in person at
Edgewood School Room TBD



Terrific Twos (Ages 24-36 Months)

For twos, the world is their stage and we are the players. Come explore, engage, and learn about our great big world along with your child. In this non-separating class, your toddler will feel supported and secure while developing identity and sense of self. A licensed parent educator and children's teacher, along with your peers, will support your navigation through the growing independence of your child.

Mondays, January 30 to May 22
No class Feb. 20 & April 3
10:30 am to 12 pm
Non-Separating
Edgewood School Room 126



Music, Movement & More (Ages 0-5 yrs)

Looking for a way to use that abundance of energy your kids have? Here's an ECFE class with a twist! Come join our staff for a night that is sure to use that extra amount of energy. This class will be filled with plenty of large motor play, music, games, a variety of other activities and will wind down with a story and songs. A parent educator will be available for questions and resources. PLEASE BRING INDOOR TENNIS SHOES AND A WATER BOTTLE.

Tuesdays, January 24 to May 30
No class April 4
6-7:15 pm
Non-Separating
Edgewood School Room 138

Wednesday, February 1 to May 31
No class Feb. 8, March 15 & April 5
10:30 am to 12 pm
Non-Separating
Edgewood School Room 138

Early Childhood Family Education



Fabulous Fridays

(Ages 0-5 yrs)

It's FRIYAY!!! Come join the ECFE staff for a fun filled morning full of activities and creative outlets. Join other parents along with a licensed parent educator and licensed children's teacher to support one another through these formative years.

Fridays, February 10 to June 2

No class March 31 & April 7

10:30 am to 12 pm

Separating

Edgewood School Room 126



Sensory Exploration

(Ages 0-5 yrs)

Come explore different sensory experiences; slime, water, shaving cream and more! Each week will have a different sensory theme filled with exploration and curiosity. Leave the mess for us to clean up!

Wednesday, February 1 to May 31

No class Feb. 8, March 15 & April 5

8:45-10:15 am

Non-Separating

Edgewood School Room 126



PJ Party

(Ages 0-7 yrs)

Put on your favorite PJ's and bring your favorite stuffy and wind down before bedtime. Playing with teddy bears and other stuffed animal friends allows children to practice the life skills they are constantly learning. Through role playing with their stuffed animals, children will learn how to perform tasks like brushing their teeth and getting dressed for bed.

Thursdays, February 2, March 2, April 13 & May 4

6-7:15 pm

Separating

Edgewood School Room TBD



Exploring Nature

(Ages 0-5 yrs)



Do your children love spending time outdoors exploring? Then this is the class for you. Come explore local parks around our area. Our licensed teacher will be there to offer support and topics for both students and caregivers. All while enjoying our beautiful state.

Tuesdays, January 24 to May 30

No class April 4

10:30 am to 12 pm

Non-Separating

Edgewood School Room TBD

Wednesday, February 1 to May 31

No class Feb. 8, March 15 & April 5

12:30-2 pm

Non-Separating

Edgewood School Room TBD



Family Connections

(Ages 0-7 yrs)



Come connect and be supported with other families who are raising children with special needs. This supportive program provides a safe atmosphere for sharing and understanding life's challenges and feelings related to raising a child with special needs. A well staffed classroom will be provided to meet individual needs of all students. Siblings of all ages are welcome to attend with their family. MEALS PROVIDED.

Mondays, January 30 to May 22

No class Feb. 20 & April 3

6-7:15 pm

Flexible Separating

Edgewood School Room 126

Fridays, February 10 to June 2

No class March 31 & April 7

12:30-2 pm

Flexible Separating

Edgewood School Room TBD



Early Explorers

(Ages 1-4 yrs)

If you are currently caring for a curious kid, join the club!

This ECFE class offers a project approach to learning, introducing your explorer to new experiences through guided, hands-on activities. Each unique project will provide opportunities for interaction, communication and skill-building. While children are investigating, creating, and discovering, parents and caregivers will have time to get together and discuss their own interests, whether it be the challenges and celebrations of raising a 21st century student, or engaging in a community driven project of their own with the support of our licensed educators.

Fridays, February 10 to June 2

No class March 31 & April 7

8:45-10:15 am

Flexible Separating

Edgewood School Room 126

help me



Early childhood development milestones to age 5

Every child is unique. No two children develop, grow and learn at exactly the same pace. And yet children develop in predictable ways. Take notes as your little one learns. Babies and toddlers are growing, learning and changing all the time. It's fun to watch! We suggest you keep track of the new things they do and the milestones they reach. If you are concerned about your child's growth, development or learning, we encourage you to contact us at HelpMeGrowMN.org or 1-866-693-4769

Early Childhood Family Education



ESTEM (Ages 3-5 yrs)

Children are natural investigators, and this class is designed to bring out the best of their new found abilities! Weekly age-appropriate explorations will allow them to discover new things in their world, and give you a chance to learn more about how environmental education, science, technology, engineering and math (E-STEM) can be easily incorporated into your toddler's day.

Tuesdays, January 24 to May 30
No class April 4
4:30-5:45 pm
Flexible Separating
Edgewood School Room TBD



Try out an ECCE class for Free!

If you are not sure if an ECCE class is the right fit for your child, please give us a try. Simply scan the QR code above, then fill out the form to let us know when to expect you. You can also call the office at 952-226-0950. Limit one free ECCE class per family per ECCE semester. Not available on Pop-up classes.



Preschool Express (Ages 3-5 yrs)

Specifically designed for children ages 3 to 5, Preschool Express provides an opportunity for children to practice school readiness skills and for the adults in their lives to prepare for the transition to kindergarten. We'll be working on building self-confidence in the classroom setting, pre-literacy and emerging math and science knowledge, social and emotional competence, and speech and language development.

Thursdays, February 2 to June 1
No class April 6
10:30 am to 12 pm
Separating
Edgewood School Room TBD



Kindergarten Here I Come (Ages 4-5 yrs)

Get your 4-5 year old ready for Kindergarten in the fall with this class. Your child will work on K readiness skills and you will be able to spend time with other parents beginning their K journey.

Wednesday, February 1 to May 31
No class Feb. 8, March 15 & April 5
5:45-7:15 pm
Separating
Edgewood School Room TBD



ECCE Goes Outside Pop-Ups (Family Event)

All Classes will include a story and time for participants to engage in nature play. Dress for the weather. If you need extra clothing for your child (rain suit, winter gear, rain or snow boots) please let us know so we can bring items for you.

March 14 - Who's been here? Calling all explorers to join us for an adventure searching for animal tracks around Jeffers Pond. Together we'll study the tracks and try to move like the animals who left the tracks behind.

April 18 - Feathered Friends! Jeffers Pond is home to Bald Eagles, Owls, Wood Ducks and many songbirds. We will learn about a few of our favorite ones while pretending to be birds flying along the trails and building nests!

May 9 - Fishing Fun! Join us for a fish story and then try your hand at catching your own fish. Fishing poles and bait will be provided. There will be opportunities to investigate some other pond critters as well.

March 14, April 18, May 9
4:15-5:45 pm
Jeffers Pond Elementary
14800 Jeffers Pass NW, Prior Lake
Meet at the upper level entrance flagpole

2022-23 ECCE SLIDING FEE SCALE

Gross Annual Household Income	Class Category						
	A	B	C	D	E	F	G
Over \$100,000	\$210.00	\$238.00	\$210.00	\$210.00	\$210.00	\$14.00	\$98.00
\$80,000-99,999	\$180.00	\$204.00	\$180.00	\$180.00	\$180.00	\$12.00	\$84.00
\$60,000-79,999	\$150.00	\$170.00	\$150.00	\$150.00	\$150.00	\$10.00	\$70.00
\$40,000-59,999	\$105.00	\$119.00	\$105.00	\$105.00	\$105.00	\$7.00	\$49.00
\$20,000-39,999	\$90.00	\$102.00	\$90.00	\$90.00	\$90.00	\$6.00	\$42.00
Under \$20,000	\$46.50	\$52.70	\$46.50	\$46.50	\$46.50	\$3.10	\$21.70
Sibling Care	\$90.00	\$102.00	\$90.00	\$90.00	\$90.00	NA	\$42.00

ECFE Registration Information / FAQ

Location of Classes

Edgewood School

LOWER LEVEL ENTRANCE

5304 Westwood Dr SE, Prior Lake

Big round blue tiled building on the NW corner of the campus.

NOT Westwood Elementary.

How do I register?

Online: www.priorlakesavagece.com

Discounts cannot be redeemed online.

In-Person: Visit Edgewood School's main office Mon-Fri between 8:00-4:00

Does an adult need to attend?

Yes. ECFE classes require participation from an adult caregiver.

What are the age requirements?

Children must meet the age requirements within the first week of class unless otherwise granted by office or education staff.

ECFE Weather Cancellations

ECFE will follow PLSAS weather related closings. If school is closed or in online learning, ECFE classes are canceled. If school is delayed 2 hours, there will be no morning ECFE classes. These cancellations will not be rescheduled or refunded.

What do I need on the first day of class?

Bring a copy of your child's birth certificate (New ECFE families only) and current immunization records. You may also fax them to Julie Miller at 952-226-0949 or email them to jumiller@plsas.org. Most clinics will fax records to our office if requested. If your child is behind on immunizations, catch up at:

Scott County Public Health
Valley Green Work Force Center
792 Canterbury Rd S
Shakopee, MN
952-496-8555
By appointment only.



Can I register after the class has started?

Registrations will be accepted until a class has filled. Fees will be prorated. Register early to avoid canceled classes due to low enrollment.

What if my class is canceled?

A class may need to be canceled due to low enrollment. If this is the case, families will be notified by email.

Families affected will receive a full refund.

Cancellation Policy

Cancellations one week prior to the first day of class will receive a full refund, minus a \$10 processing fee.

Cancellations once classes have started are subject to a \$35 processing fee and class fees will be pro-rated if we are able to fill the opening.

Photograph and Video Opt-out

Enrolling in ECFE classes or attending ECFE sponsored activities constitutes permission to take and use pictures and /or videos of yourself and your minor children in PLSAS publications, promotional materials and social media. If you would like to opt-out of this, please contact Kristi Mussman at: kmussman@plsas.org

Class Separation Explanation

Non-separating: Parent educators support interactions in the classroom.

Gradually separating: Grown-ups and parent educators begin the separation process slowly, being sensitive to the readiness of the children.

Flexible separating: Parents and educators decide separation timing together based upon the needs of the group.

Separating: Children spend time with their teacher while grown-ups gather with a parent educator for part of the class in a different room.

Contact Us

Kids' Company

Main Office 952-226-0375
kidscompany@plsas.org

Kids' Company Coordinator

Ashley Kruse 952-226-0378
akruse@plsas.org

Kids' Company Assistant Coordinator

Marijane Cochnauer 952-226-0376
mcochnauer@plsas.org

Kids' Company Secretary

TBD 952-226-0377

Summer Registration Information Coming Soon!

www.priorlakesavagece.com





Dr. Michael Thomas
PLSAS Superintendent

A message from Superintendent, Dr. Michael Thomas

At Prior Lake-Savage Area Schools, we believe learning is important for all ages. From *Wish Upon a Ballet* for youth to Pickleball for adults, there are Community Education classes to fit nearly every interest and skill level.

Our mission is to educate all learners to reach their full potential as contributing and productive members of our ever-changing global community. That mission holds true for Community Education as we offer affordable, high-quality programs featuring in-person and online classes that provide opportunities for personal growth, new hobbies and so much more.

Thank you for taking time to look through our catalog and be sure to view and register for classes online at priorlakesavagece.com



COME WORK WITH US

Support student learning, work in your community, get school breaks and holidays off



APPLY: www.plsas.org/employment

COMMUNITY CONTACTS

**Boy Scouts & Cub Scouts
(Northern Star Council)**
www.northernstar.org

Camp Fire MN
www.campfiremn.org

City of Prior Lake 952-447-9800
www.cityofpriorlake.com

**City of Prior Lake
Recreation Dept.** 952-447-9820
www.priorlakerecreation.com

City of Savage 952-882-2660
www.cityofsavage.com

**City of Savage Parks and
Recreation Dept.** 952-224-3420

Girl Scouts (River Valley Council)
800-845-0787
www.girlscoutsrv.org

PLAY www.playinfo.org
(Prior Lake Athletics for Youth)

**Prior Lake-Savage Hockey
Association** www.plsha.com

Prior Lake Soccer Club
www.priorlakesoccer.org

Prior Lake Youth Wrestling
www.priorlakewrestlingclub.org

Scott County Libraries
Prior Lake 952-447-3375
Savage 952-707-1770

South Metro Storm Swim Club
www.mnstorm.org

Three Rivers Park District
763-559-6700
www.threeriversparks.org

U of M Extension - Scott County - 4H
952-492-5410



Early Head Start

Head Start is a CAP Agency Program serving Scott, Carver and Dakota Counties. They offer Preschool Programs for Ages 3 to 5. Children with Special Needs are welcome and there is no cost to income eligible families. There is limited availability. For an application call 651-322-3500 or visit www.capagency.org for more information.

Crisis Nursery

The Crisis Nursery welcomes calls from parents in any situation needing a sympathetic ear, parenting tips or information about community resources. In a crisis situation, the Crisis Nursery may be able to provide short term child care for children ages newborn to 12 years, if their families are residents of Scott or Carver Counties. Call **Crisis Nursery's help line at 612-839-5101**. Trained advocates are available to help during a crisis. If you are interested in displaying brochures, making donations or volunteering as a care provider, **contact the CAP Agency at 952-402-9851**. Make a difference in a child's life!

Parents Forever - Divorce Education

The goal of this workshop series is to achieve a respectful divorce with the least negative impact on children. These sessions are for any person in the process of divorce, considering divorce, in conflict regarding custody or visitations and/or anyone wanting information on divorce, mediation or custody. This series is cosponsored with several family-serving agencies of Carver and Scott Counties.
www.extension.umn.edu/family/parents-forever



Big Brother Big Sister

You can make a positive difference by volunteering your time to a child. Can you help a child THINK BIG? There is always a child in need of your FRIENDSHIP, so don't wait any longer. The FOCUS is not on spending money but spending time with a child, building a trusting friendship. You can share a walk in the park, play games, hobbies, recreational activities, run errands, bake cookies or sit and talk. **Please call 651-789-2400**. Your assistance in helping to recruit volunteers in your community is always most appreciated.

WIC (Women, Infants and Children)

WIC is a nutrition education program for women who are pregnant, nursing or postpartum and for families with infants and children under age five. The program provides nutrition information, counseling for pregnant and nursing mothers and supplemental foods such as milk, cheese, juice, cereals and infant formula to promote good health. WIC eligibility is based on household income guidelines. Appointments must be made in advance. **If you live in Scott County please call 952-496-2125 or check the website at www.capagency.org for more information.**

Supplemental Nutrition Assistance Program

SNAP Formerly know as Food Stamps, helps Minnesotans with low incomes get the food they need for nutritious and well-balanced meals. The program provides support to help stretch your household food budget. It is not intended to meet all of your household's food needs. It is a supplement. If you are approved for SNAP, you can use your benefits at many stores, farmers markets and senior dining sites. For more information call 1-800-657-3698 or fns.usda.gov.

Are you or is someone you know being abused?

For help or information in Scott and Carver Counties, call 952-873-4214
Visit www.svamn.org

Guidelines and Procedures

Satisfaction Guarantee

Please call the Community Education Office at 952.226.0310 if you are not satisfied with any class or activity in which you participated. We appreciate being notified as soon as a concern is noticed, so that we may have the opportunity to improve the program for all participants.

Class Confirmations

Community Education does not mail class confirmations. If you provide an email address at the time of registration, a confirmation will be emailed to you. We will contact you by phone or mail if there is a change. Please list a daytime phone number so we can reach you if a class is cancelled. If there is a last minute change, signs are posted at each site with your class information including class title, room numbers and times of classes.

Discounts

UCare members may be eligible for a \$15 discount on many classes in this catalog. If a class is less than \$15, the member may take the class for free. UCare for Seniors and EssentiaCare members may take one \$15 discount per class per calendar year. Members must be a UCare member at the time of the registration and throughout the duration of the class. Members need to include their UCare ID numbers when registering. Limits and restrictions may apply.

Special Requests

If special assistance/accommodations is needed to participate in a Community Education Program, please contact us at least 2 weeks prior to start of program to allow enough time for special accommodations. SPED services may be provided based on student qualification.

Student Absences

To be eligible to participate in CE programs, classes or events, students are expected to be in school all day. Students who are ill or miss for other reasons not considered excused absences will not be allowed to participate in Community Education programs that day.

Lost or Stolen Items

CE is not responsible for lost, stolen or damaged items. Please do not bring valuables with you to class.

Participant Waiver

Registration for any class waives all rights and claims for any and all injuries from whatever cause suffered by participation in activities.

Cancellation

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. If we have to cancel a class, every effort will be made to contact all the participants who preregistered. Please include on your registration form a phone number where you can be contacted during the day. Community Education assumes no responsibility for reaching registrants who do not provide an accessible daytime phone number. When ever possible messages will be left on voicemail/answering machines. If an email is provided at time of registration, notifications will also be sent to the address provided.

Classes may be cancelled due to inclement weather or for other unavoidable reasons. These sessions are made up whenever possible. If school closes during the day due to bad weather, Community Education will cancel all activities. Call 952-226-0310 for evening or weekend cancellation information.

Refunds

Class cancellations requested no later than 4:00 pm, five business days prior to the first day of class may be eligible for a refund. Processing fees will be deducted from all refunds. To avoid these fees, please call us first if you plan to change your class or move to another session.

- Class Fee = (\$0-\$29) - Processing fee of \$5 deducted from refund.
- Class Fee = (\$30-\$149) - Processing fee of \$10 deducted from refund.
- Class Fee = (\$150+) - Processing fee of \$20 deducted from refund.

Refunds are not issued after 4:00 pm five business days before a class starts, due to commitments made to instructors. Call or visit the CE office to cancel a registration.

Community Education reserves the right to withdraw a course due to lack of enrollment or loss of a suitable facility. Participants will receive a full refund for CE initiated cancellations. Full refunds are also issued for weather cancellations, if a course cannot be rescheduled or if the rescheduled date does not work for the participant.

Privacy

The information requested on the registration forms will be used to verify eligibility as well as determine staff, facility and equipment needs. Your registration information may be provided to school district staff, volunteers, instructors, the school district attorney, insurer and auditor. Your email information is for internal use only and will not be sold or solicited. Photographs or videos of classes in action may be taken and used for district publications and web pages. If you object to having your picture used, please notify the Community Education Office at 952-226-0310 each time you register.

Non-endorsement Policy

Prior Lake-Savage Community Education works with specialists in their fields who are interested in presenting classes in their areas of expertise to the community. We do not endorse the opinions or business affiliations of the instructors.

All financial seminars are carefully screened to ensure they are strictly informational in nature. Although most seminars are presented by professional financial planners, the design is non-biased and non-sales oriented. You will not be pressured to make a purchase or meet with sales people. We prohibit the direct distribution of flyers, pamphlets or marketing materials that promote specific products, services or companies. We do, however, offer you the opportunity to receive an instructor's business card or you can ask for more information should you have additional, specific questions that go beyond the content or time frame of the seminar. We hope your participation in these programs will be enjoyable. For questions, call Jenny at 952-226-0315.

Tuition Assistance

Tuition assistance and payment plans are available to residents of PLSAS. Assistance of 50% of class fee up to \$100 is available for one program per PLSAS resident in each catalog season (Youth or Adult). Some programs are not eligible. Call 952.226.0310 for assistance.

Exchange of Information

I give my consent to an exchange of my child's information between CE staff and other PLSAS professional staff whenever it may be deemed as beneficial to my child.

Main Adult Contact:

Name: _____ Address: _____ Zip: _____

Home Phone #: _____ Cell Phone #: _____

Email for confirmation: _____

Class Participant Information:

1. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

2. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

3. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

4. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

5. Participant Name _____ Birth date: _____

Course Name: _____ Class Date: _____ Class ID: _____ Cost: _____

_____ **I have read and agree to the
Participant Waiver listed on page 46 of this catalog.**

UCare ID Number _____

Payment Account # _____ Exp. Date: _____

Checking or Savings ACH Routing # _____ ACH Account # _____



Please Make Checks Payable to ISD 719
Mail to: ISD 719, Community Education
5061 Minnesota St SE
Prior Lake, MN 55372

Phone-952-226-0310

Fax-952-226-0379

www.priorlakesavagece.com



**If you are not completely satisfied we will
issue a refund or transfer you to another
program of equal or lesser value.**

ECRWSS
POSTAL CUSTOMER

Dated Time Sensitive Materials.
Please Deliver by December 15, 2022

 **That's
Community Ed!**

Spring Break Programs

Multi-Sports with Skyhawks

Monday-Wednesday
April 3-5
9am-3:30pm
Ages 6-10
Twin Oaks Middle School
Page 29



Paw Patrol Art with Kidcreate

Monday & Tuesday
April 3 & 4
9am-Noon
Ages 3-6
La ola del lago
Page 37



Game On! with Kidcreate

Monday & Tuesday
April 3 & 4
1-4pm
Ages 5-12
La ola del lago
Page 34



More information & to register visit
www.priorlakesavagece.com